

Noroviruses: **Some Facts to Ponder Before Having Lunch!**

Chip Simmons

Lee-Ann Jaykus

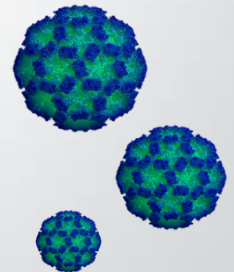
North Carolina State University

USDA-NIFA Food Virology

Collaborative (NoroCORE)



<http://www.healthandfitnesstalk.com/wp-content/uploads/2012/10/Businesswomen-eating-salad-for-lunch-300x211.jpg>



Food Safety: a HUGE Issue!

*“CDC estimates that each year roughly **1 in 6 Americans** (or 48 million people) gets sick, 128,000 are hospitalized, and 3,000 die of foodborne diseases...”*



<http://img2.timeinc.net/health/images/slides/sick-stomach-flu-400x400.jpg>

*“Reducing foodborne illness by **10%** would keep about **5 million Americans** from getting sick each year.”*



C029823 [18] © www.shutterstock.com

Economic Burden – Scharff, 2012

Two cost-of-illness models (basic and enhanced) with each accounting for health-related economic costs associated with foodborne illness

- Includes estimates of loss in productivity as well as actual treatment costs
- enhanced model includes a measure for lost quality of life
- Costs calculated based on individual pathogens

Average cost per case of foodborne illness:

- enhanced cost-of-illness model: **\$1,626** (\$607 to \$3,073)
- basic model: \$1,068 (\$683 to \$1,646)

Aggregated annual cost of illness:

- enhanced cost-of-illness model: **\$77.7 billion** (\$28.6 to \$144.6 billion)
- basic model: \$51.0 billion (\$31.2 to \$76.1 billion)



FIGURE 1. Economic cost of foodborne illness in the United States (values given in millions of U.S. dollars).

From: Scharff, R.L., *Economic Burden from Health Losses Due to Foodborne Illness in the United States*, Journal of Food Protection, Vol. 75, No. 1, 2012, Pages 123–131.

Foodborne Disease: Etiologic Agents 1993 – 1997

Most reported
outbreaks and
cases are caused
by bacteria:

- *Salmonella*
- *Campylobacter*
- *E. coli*
- *Cl. perfringens*
- *Shigella*
- *Staph. aureus*

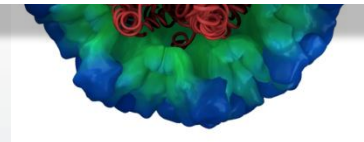
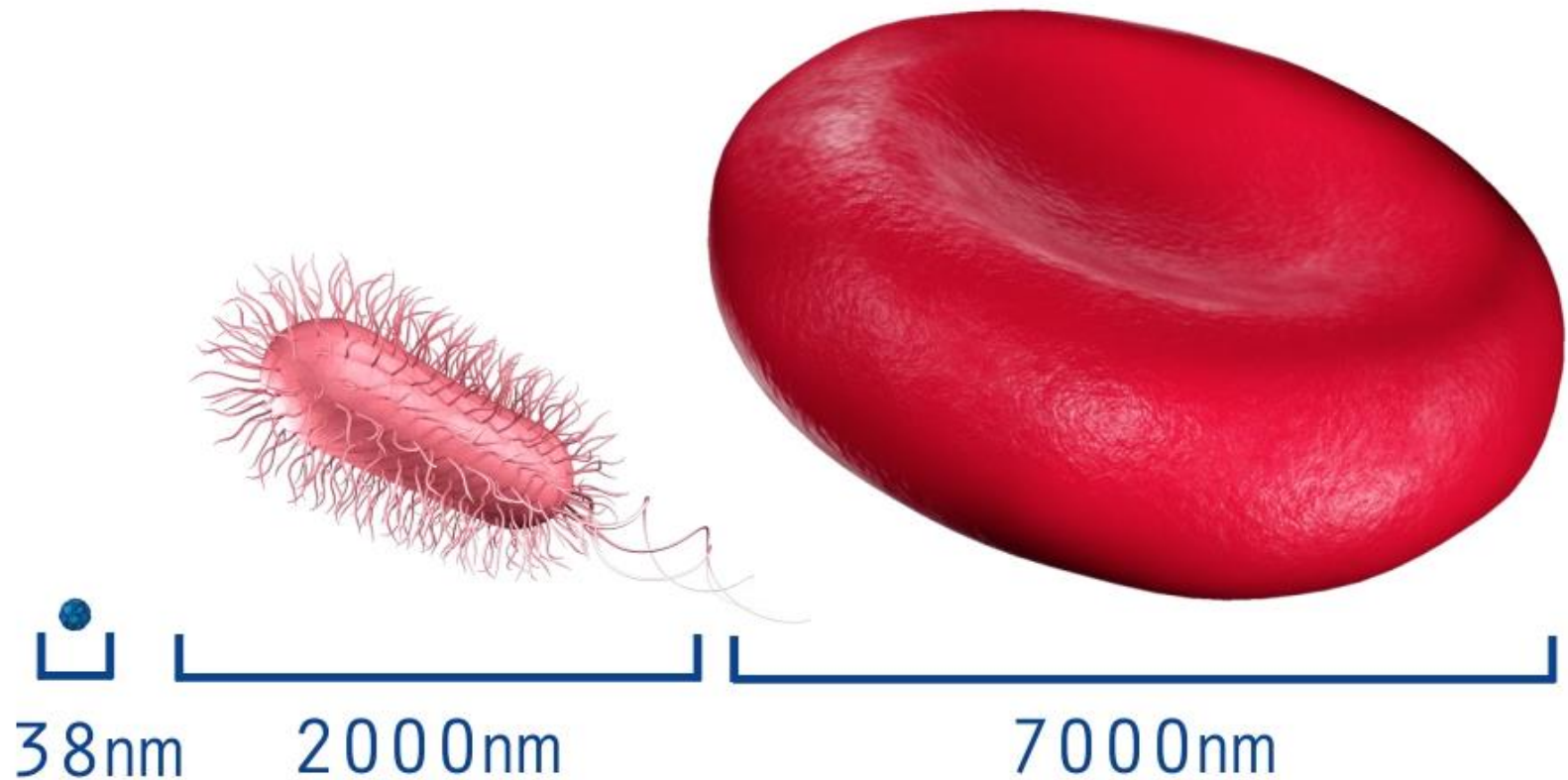
TABLE 1. Number of reported foodborne-disease outbreaks, cases, and deaths, by etiology — United States,* 1993–1997†

Etiology	Outbreaks		Cases		Deaths	
	No.	(%)	No.	(%)	No.	(%)
Bacterial						
<i>Bacillus cereus</i>	14	(0.5)	691	(0.8)	0	(0.0)
<i>Brucella</i>	1	(0.0)	19	(0.0)	0	(0.0)
<i>Campylobacter</i>	25	(0.9)	539	(0.6)	1	(3.4)
<i>Clostridium botulinum</i>	13	(0.5)	56	(0.1)	1	(3.4)
<i>Clostridium perfringens</i>	57	(2.1)	2,772	(3.2)	0	(0.0)
<i>Escherichia coli</i>	84	(3.1)	3,260	(3.8)	8	(27.6)
<i>Listeria monocytogenes</i>	3	(0.1)	100	(0.1)	2	(6.9)
<i>Salmonella</i>	357	(13.0)	32,610	(37.9)	13	(44.8)
<i>Shigella</i>	43	(1.6)	1,555	(1.8)	0	(0.0)
<i>Staphylococcus aureus</i>	42	(1.5)	1,413	(1.6)	1	(3.4)
<i>Streptococcus</i> , group A	1	(0.0)	122	(0.1)	0	(0.0)
<i>Streptococcus</i> , other	1	(0.0)	6	(0.0)	0	(0.0)
<i>Vibrio cholerae</i>	1	(0.0)	2	(0.0)	0	(0.0)
<i>Vibrio parahaemolyticus</i>	5	(0.2)	40	(0.0)	0	(0.0)
<i>Yersinia enterocolitica</i>	2	(0.1)	27	(0.0)	1	(3.4)
Other bacterial	6	(0.2)	609	(0.7)	1	(3.4)
Total bacterial	655	(23.8)	43,821	(50.9)	28	(96.6)
Chemical						
Ciguatera	60	(2.2)	205	(0.2)	0	(0.0)
Heavy metals	4	(0.1)	17	(0.0)	0	(0.0)
Monosodium glutamate	1	(0.0)	2	(0.0)	0	(0.0)
Mushroom poisoning	7	(0.3)	21	(0.0)	0	(0.0)
Scombrototoxin	69	(2.5)	297	(0.3)	0	(0.0)
Shellfish	1	(0.0)	3	(0.0)	0	(0.0)
Other chemical	6	(0.2)	31	(0.0)	0	(0.0)
Total chemical	148	(5.4)	576	(0.7)	0	(0.0)
Parasitic						
<i>Giardia lamblia</i>	4	(0.1)	45	(0.1)	0	(0.0)
<i>Trichinella spiralis</i>	2	(0.1)	19	(0.0)	0	(0.0)
Other parasitic	13	(0.5)	2,261	(2.6)	0	(0.0)
Total parasitic	19	(0.7)	2,325	(2.7)	0	(0.0)
Viral						
Hepatitis A	23	(0.8)	729	(0.8)	0	(0.0)
Norwalk	9	(0.3)	1,233	(1.4)	0	(0.0)
Other viral	24	(0.9)	2,104	(2.4)	0	(0.0)
Total viral	56	(2.0)	4,066	(4.7)	0	(0.0)
Confirmed etiology	878	(31.9)	50,788	(59.0)	28	(96.6)
Unknown etiology	1,873	(68.1)	35,270	(41.0)	1	(3.4)
Total 1993–1997	2,751	(100.0)	86,058	(100.0)	29	(100.0)

*Includes Guam, Puerto Rico, and the U.S. Virgin Islands.

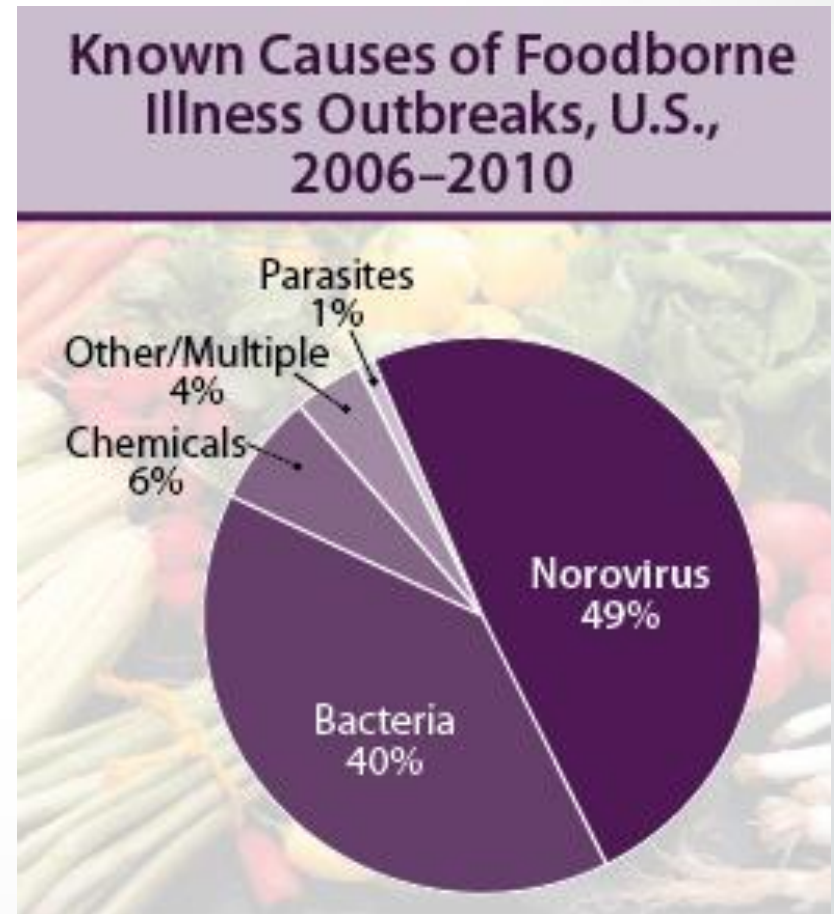
†Totals might vary by <1% from summed components because of rounding.

Bacteria vs. Viruses



Foodborne Disease: Etiologic Agents, 2006 – 2010

- HuNoV are the most common cause of foodborne illness
- Over 5.5 million cases of all foodborne illnesses each year are caused by human noroviruses (Scallan et al., 2011)
- May be a significant cause of foodborne disease of unknown etiology



Human Noroviruses: What's the big deal?

npr news arts & life music listen

public health

New Norovirus Strain Rips Through The U.S.

by SCOTT HENSLEY

January 25, 2013 12:10 PM

BBC News Sport Weather Travel Future Autos

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14 December 2012 Last updated at 11:48 ET

Norovirus outbreak shuts Maidstone hospital to visitors

A Kent hospital has been closed to visitors following an outbreak of the norovirus bug.

Three wards at Maidstone Hospital have been closed to new admissions and family and friends of patients have been told to stay away.

Maidstone and Tunbridge Wells NHS Trust said 27 patients had norovirus.

Four wards have also been closed at The Queen Elizabeth the Queen Mother Hospital (QEOM) in Margate because of the bug.

Visitors have been told to stay away from Maidstone Hospital because of the Norovirus outbreak.



17 December 2012 Last updated at 17:07 ET

Norovirus outbreak shuts fifth Margate hospital ward

A total of 83 people have been affected by the winter vomiting bug at an east Kent hospital.

Five wards at the Queen Elizabeth the Queen Mother Hospital (QEOM) in Margate have now been closed to new admissions.

East Kent Hospitals University NHS Foundation Trust said 65 patients and 18 members of staff had norovirus.

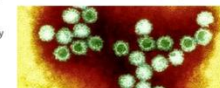
The norovirus bug can last for two or three days. People can be infectious for 48 hours before any symptoms appear.

The trust has told patients and visitors suffering from vomiting, sickness and diarrhoea to avoid coming to the QEOM.

It has also urged anyone with symptoms to stay away from the Kent and Canterbury Hospital and William Harvey Hospital.

Head of nursing Karina Greenan said: "I think

What is the winter vomiting bug?



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Posted: 9:50 a.m. Thursday, Jan. 17, 2013

Possible norovirus outbreak sickens dozens at Lafayette elementary school

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KTVU.com

LAFAYETTE, Calif. — A suspected norovirus outbreak sickened dozens of students at a Lafayette elementary school last week.

On Friday, more than 10 students were absent from Burton Valley Elementary School -- more than four times the normal absence rate, Lafayette School District Superintendent Fred Br

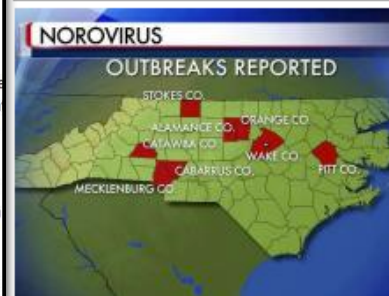


Burton Valley Elementary School

Many of those students

Posted: January 31, 2012

NC sees increase in norovirus outbreaks



Share 616 Facebook 585 Twitter 31 Pinterest 0

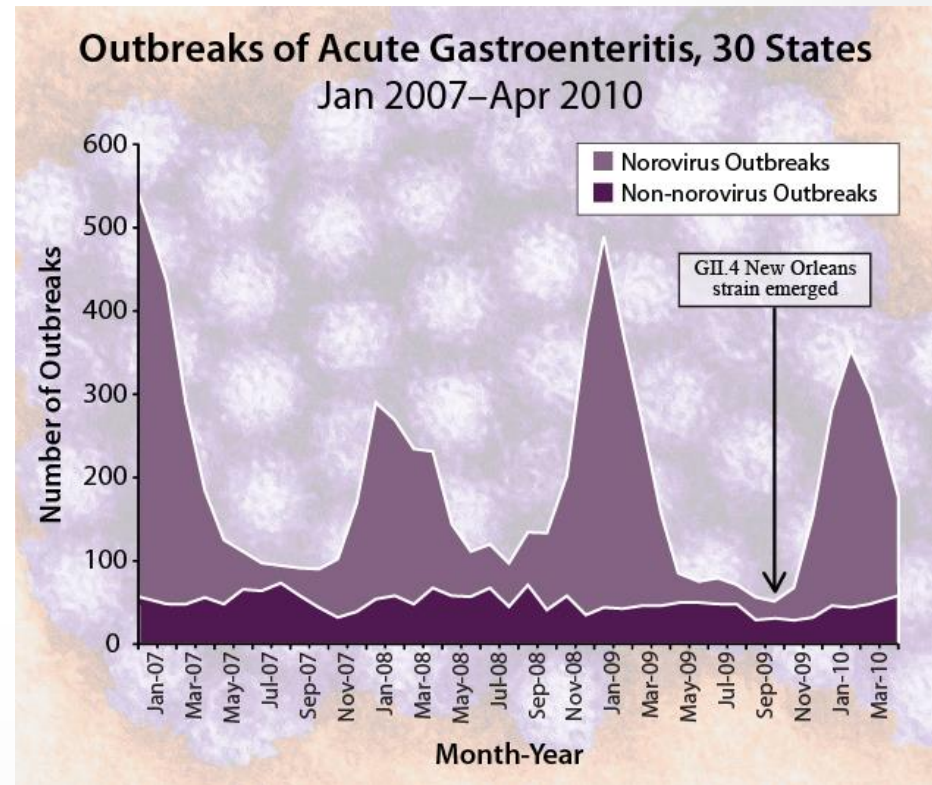
CHAPEL HILL, N.C. — Health departments across North Carolina have reported norovirus outbreaks in recent weeks, prompting state public health officials to issue an alert Tuesday.

The state Division of Public Health doesn't track norovirus, so officials don't have specific numbers of people sickened by the gastro-intestinal bugs. They said, however, that eight

Disease Burden

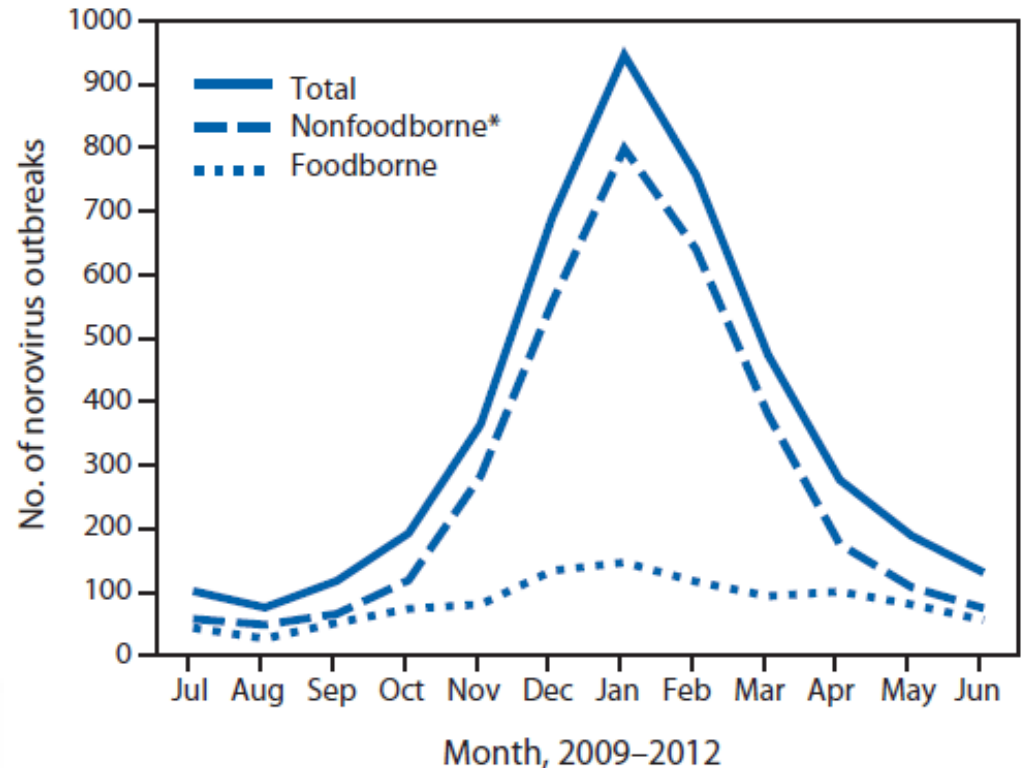
Human Noroviruses (HuNoV) are the leading cause of acute gastroenteritis in all age groups in the United States (CDC estimates):

- 21 million cases,
- 70,000 hospitalizations, and
- 800 deaths annually
- \$2 billion annually in healthcare and lost productivity costs



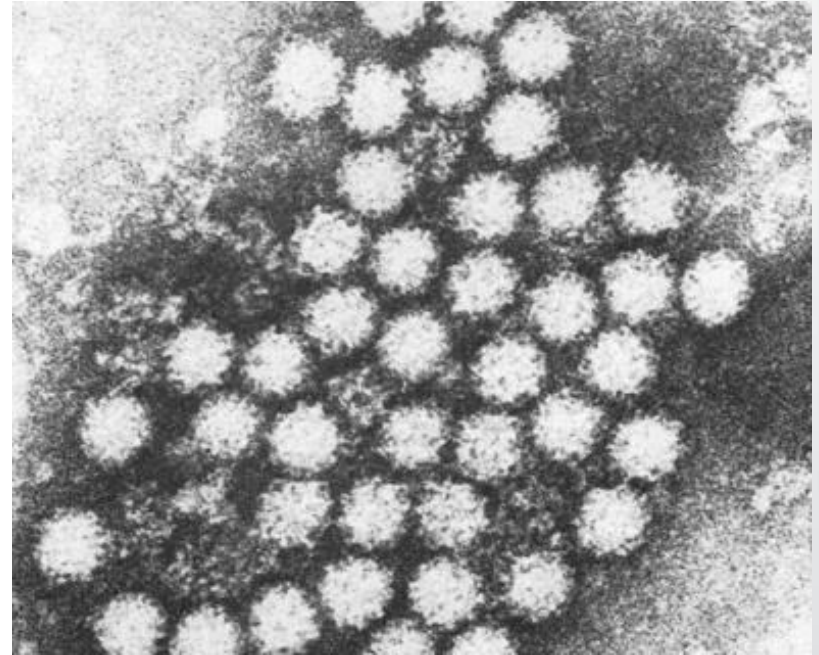
Norovirus in the U.S.

- 20 million Americans will get norovirus this year
 - **1 in 15 people**
- About 365 foodborne norovirus outbreaks happen each year
- Most outbreaks happen in the winter (but this is changing...)



Discovery of the Norwalk Agent

- “Winter vomiting disease” in 1920’s
- Human challenge studies (1940s and 1950s) sought to identify causative agent of “acute non-bacterial gastroenteritis”
- In 1971, electron microscopic examination stool specimen collected from 1968 outbreak in Norwalk, Ohio revealed presence of 27 nm particle
- Subsequent human challenge studies confirmed this as the infectious agent



Kapikian, A. Z., Wyatt, R. G., Dolin, R., *et al.* (1972). Visualization by immune electron microscopy of a 27 nm particle associated with acute infectious nonbacterial gastroenteritis. *Journal of Virology*, 10, 1075-1081.

Miserable Symptoms

The Norovirus: A Study in Puked Perfection

by Carl Zimmer

Today, [The Guardian](#) relayed one of those stunning medical stories that causes me to clean off my glasses and take another look to make sure I'm reading it clearly. They report that an outbreak of norovirus in Britain this winter has struck more than 1.1 million people with vomiting and diarrhea.

That's right: 1.1 million. In Britain alone.

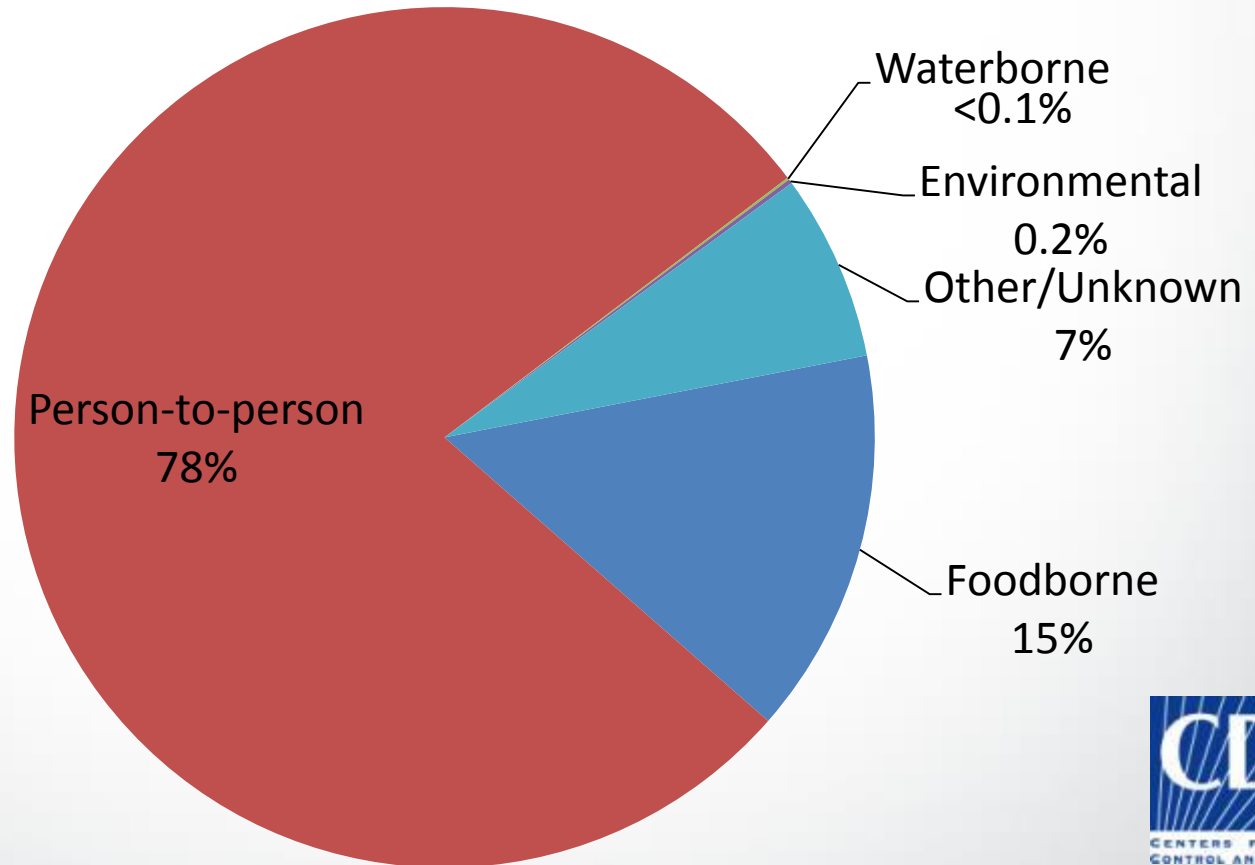
ABOUT



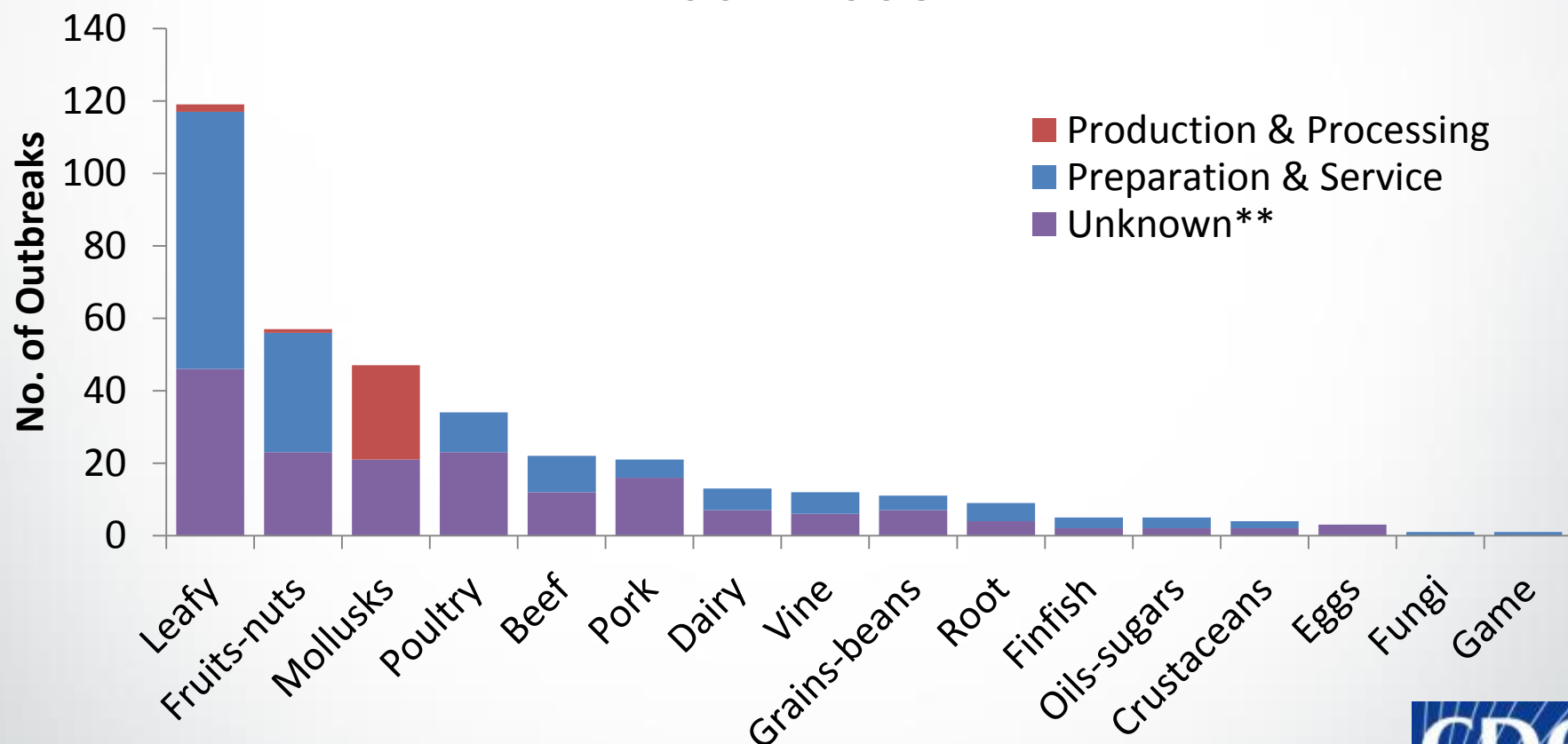
Carl Zimmer is an award-winning science writer whose work appears frequently in the

- “Within a day of infection, noroviruses have rewired our digestive system so that **stuff comes flying out from both ends**” – Carl Zimmer in a recent National Geographic article.
 - Vomiting, watery diarrhea, nausea, and abdominal pain.
 - Usually self limiting, but in some instances (individuals with weak immune systems), complications from dehydration can develop.

Mode of Transmission in HuNoV Outbreaks, 20 States, 2009 (N=613)



Foods Implicated* in Norovirus Outbreaks Reported to CDC by Commodity and Point of Contamination, 2001-2008



*Limited to outbreaks with a simple food (consisting of a single commodity) implicated

**Insufficient or conflicting information provided in outbreak report

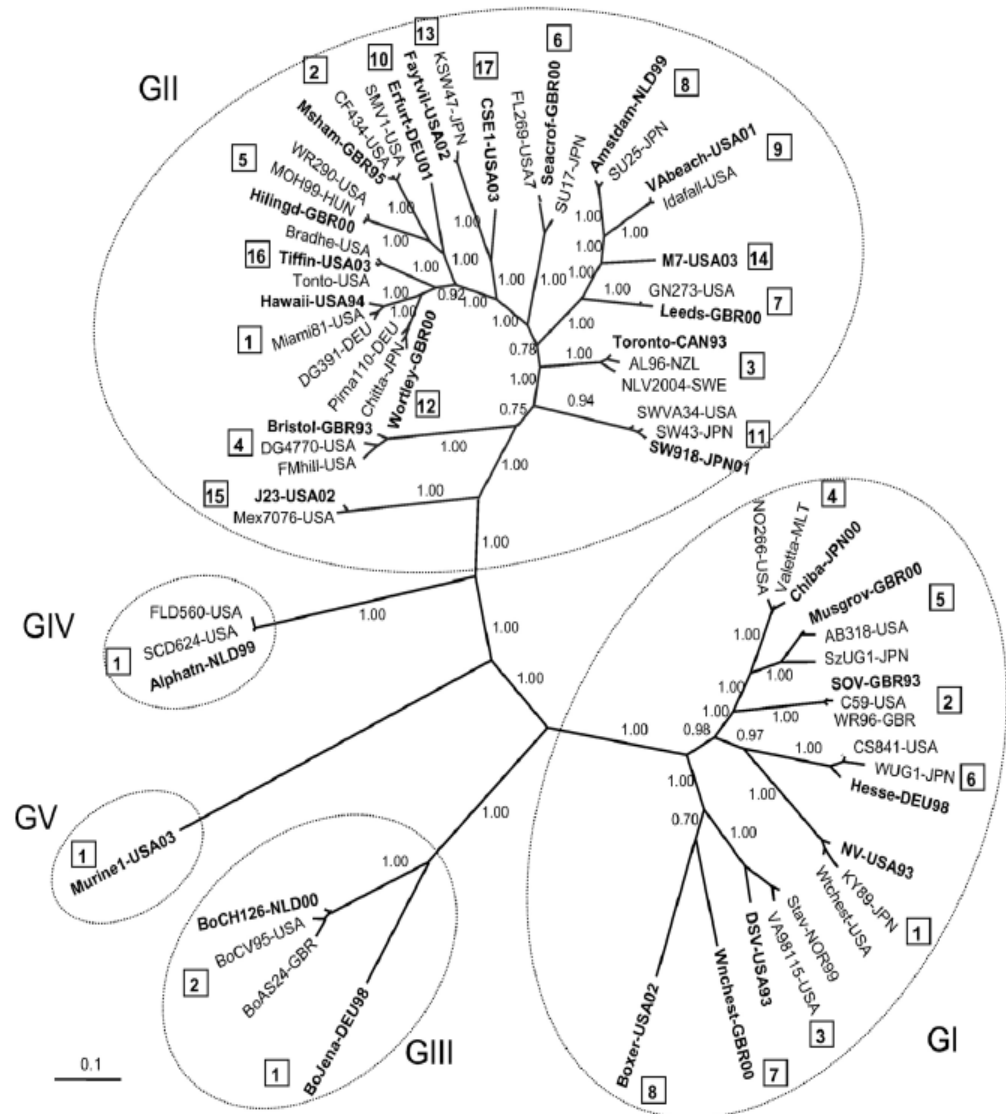
Foods associated with norovirus outbreaks:

- Leafy greens
- Berries
- Molluscan shellfish
- Ready-to-eat foods
- Foods prepared by hand without a cooking step or handled after cooking



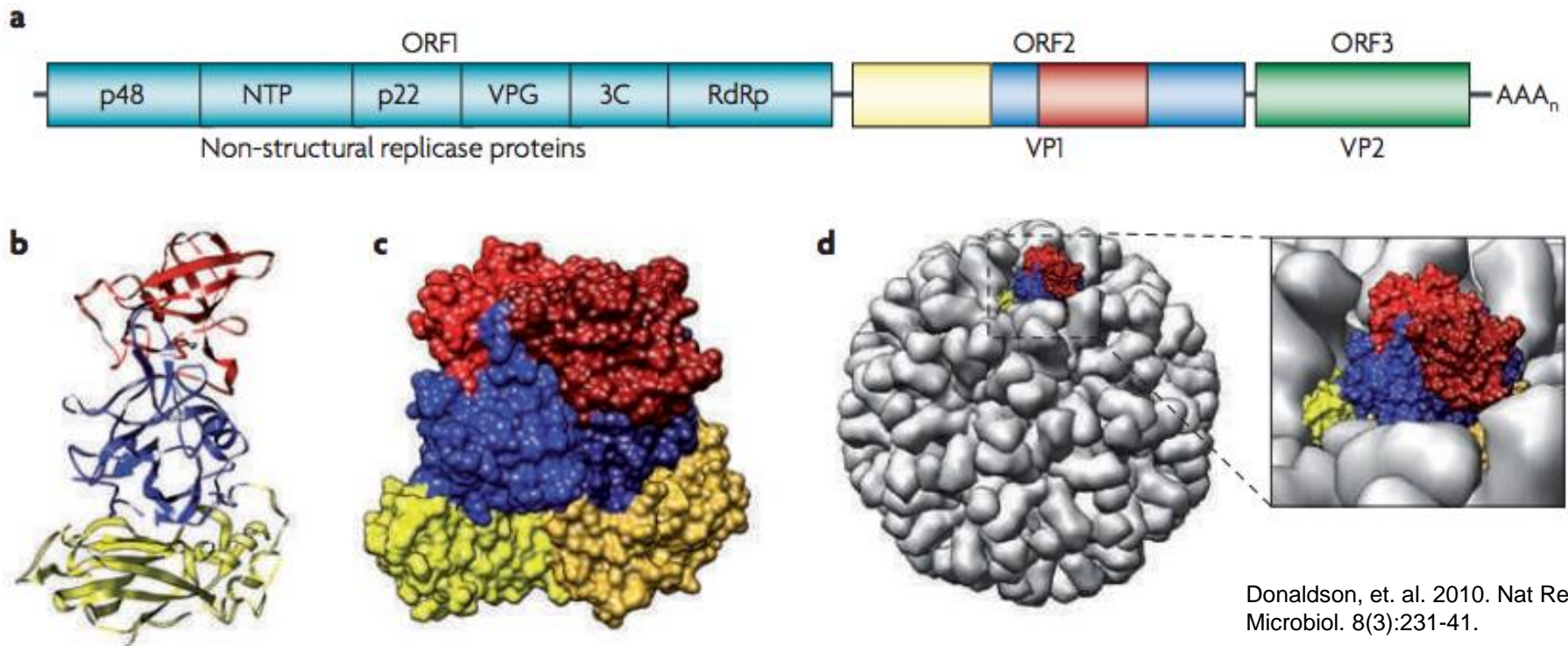
What Has the Last Two Decades Revealed?

- Member of *Caliciviridae* family (4 genera)
- Norovirus genogroups and genotypes
- Genetically and antigenically diverse
- Propensity toward mutation and recombination
 - Results in great strain diversity and frequent emergence of new epidemic strains



Genome organization and Capsid Structure

- * Non enveloped; simple capsid structure
- * Positive sense single-stranded RNA genome, 7.5 kb
- * *Protruding domain of capsid sequence* important for receptor binding

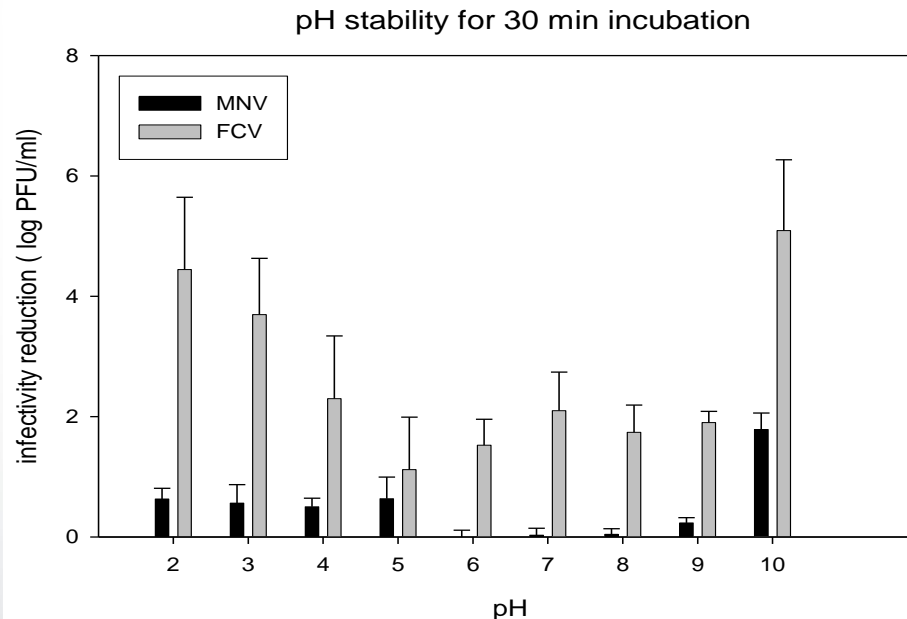


A Challenge to Researchers

- No cell culture or animal model for cultivation (rely on RT-PCR)
 - Adequacy of cultivable surrogates

Surrogates for the Study of Norovirus Stability and Inactivation in the Environment: A Comparison of Murine Norovirus and Feline Calicivirus

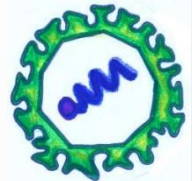
JENNIFER L. CANNON,¹ EFSTATHIA PAPAFRAGKOU,² GEUNWOO W. PARK,¹ JASON OSBORNE,³
LEE-ANN JAYKUS,² AND JAN VINJÉ^{1*}



A Challenge to Researchers: The “Infectivity Dilemma”

- What constitutes a “positive” for infectious virus?
 - Naked RNA vs. infectious virus
 - Particle:infectious particle ratio
 - Viral aggregation?
 - Gradual vs. instantaneous inactivation?
- Can we use RT-qPCR to measure virus infectivity?
 - Measuring capsid integrity
 - Measuring virion integrity
 - Likely to be process-specific
- Goal: positive RT-qPCR signal = Infectious particle

Infectious



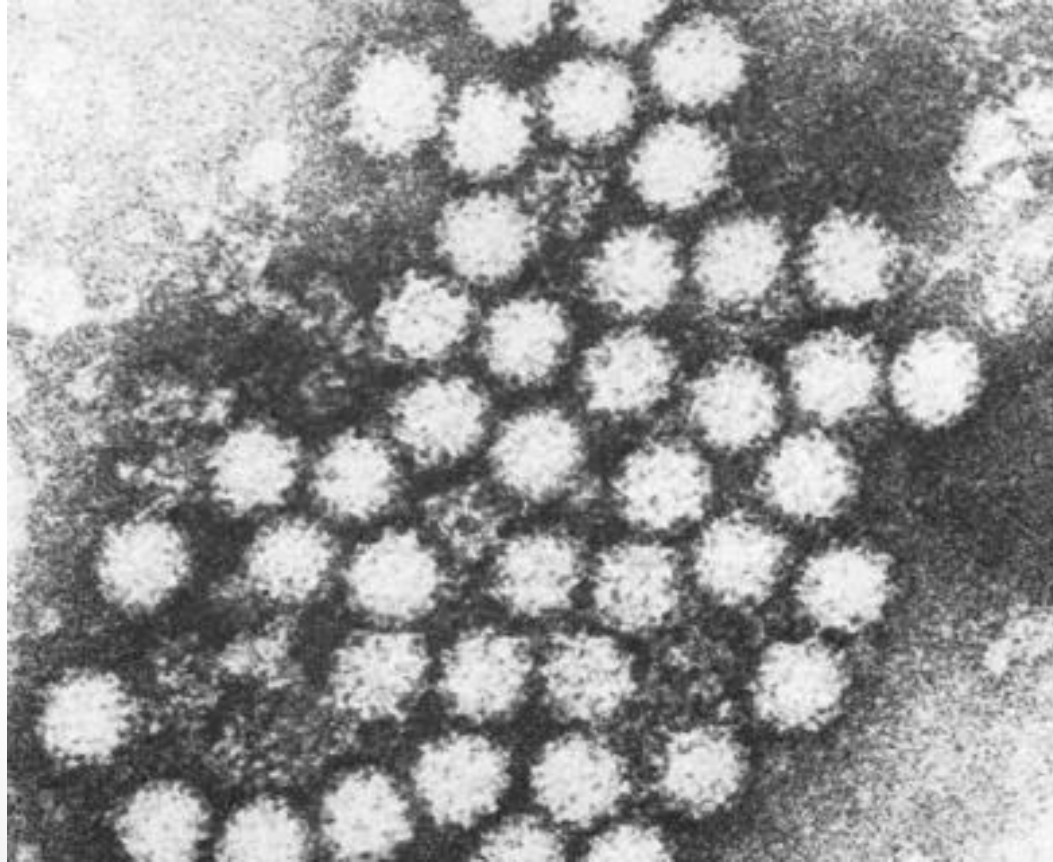
Theoretically
Infectious



Not Infectious



Are human noroviruses the perfect pathogen?



Kapikian, A. Z., Wyatt, R. G., Dolin, R., *et al.* (1972). Visualization by immune electron microscopy of a 27 nm particle associated with acute infectious nonbacterial gastroenteritis. *Journal of Virology*, **10**, 1075-1081.

Characteristics of a “Perfect” Pathogen

Considerations:

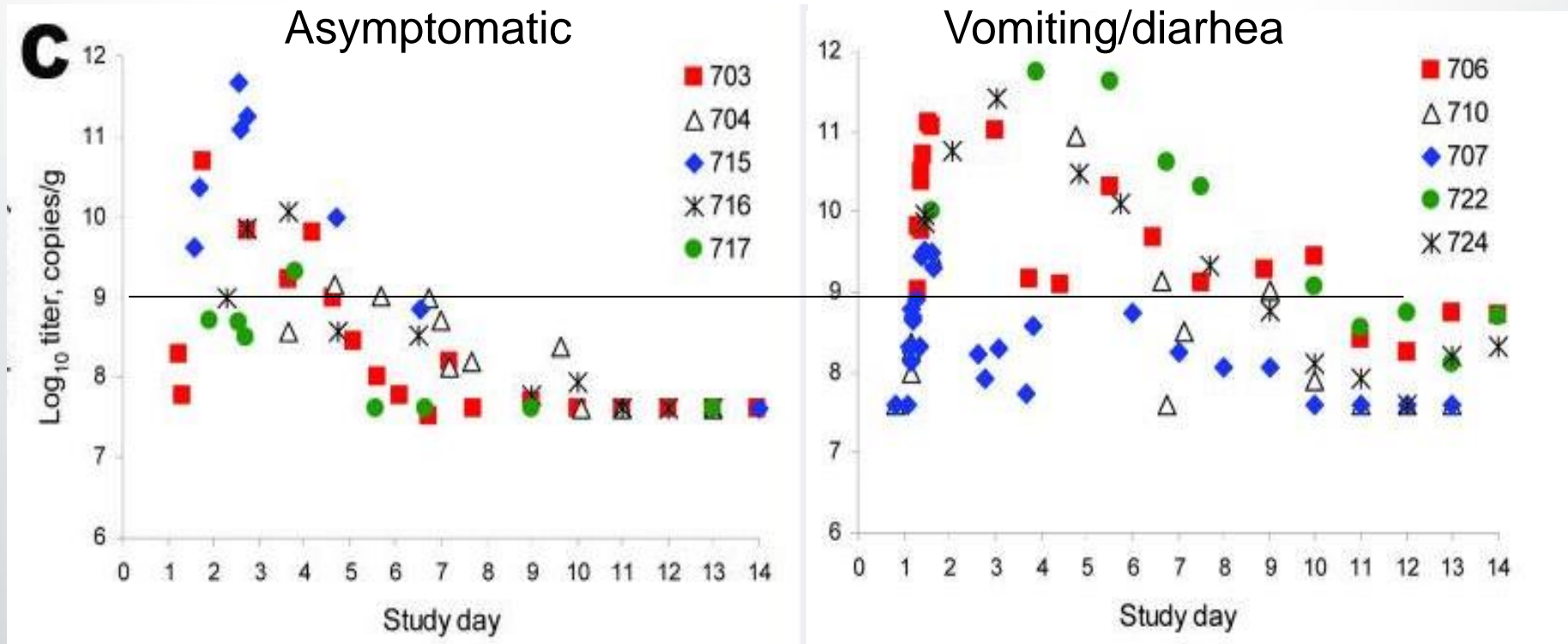
- Infectivity
- Transmissibility
- Environmental stability
- Evolutionary aspects
- Immune response
- Morbidity and mortality

HuNoV:

- Highly contagious
- Rapid and efficient spread
- Environmentally stable and resistant to many sanitizers
- Constantly evolving
- Evokes limited and likely short-lived immune response
- Rarely lethal

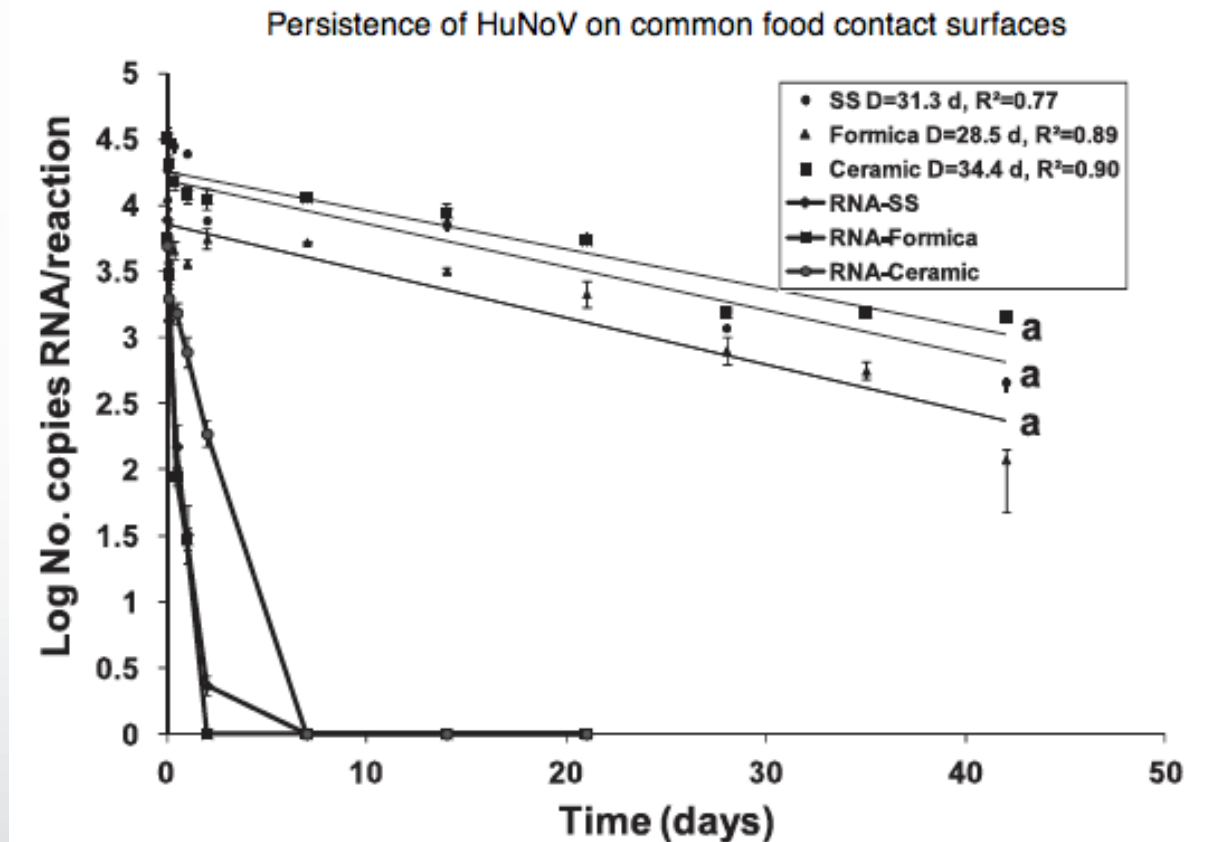
HuNoV Infectivity

- Low infectious dose (≥ 18 viral particles)
- Copious shedding (10^5 – 10^{11} viral copies per gram of feces), even among asymptomatic infections



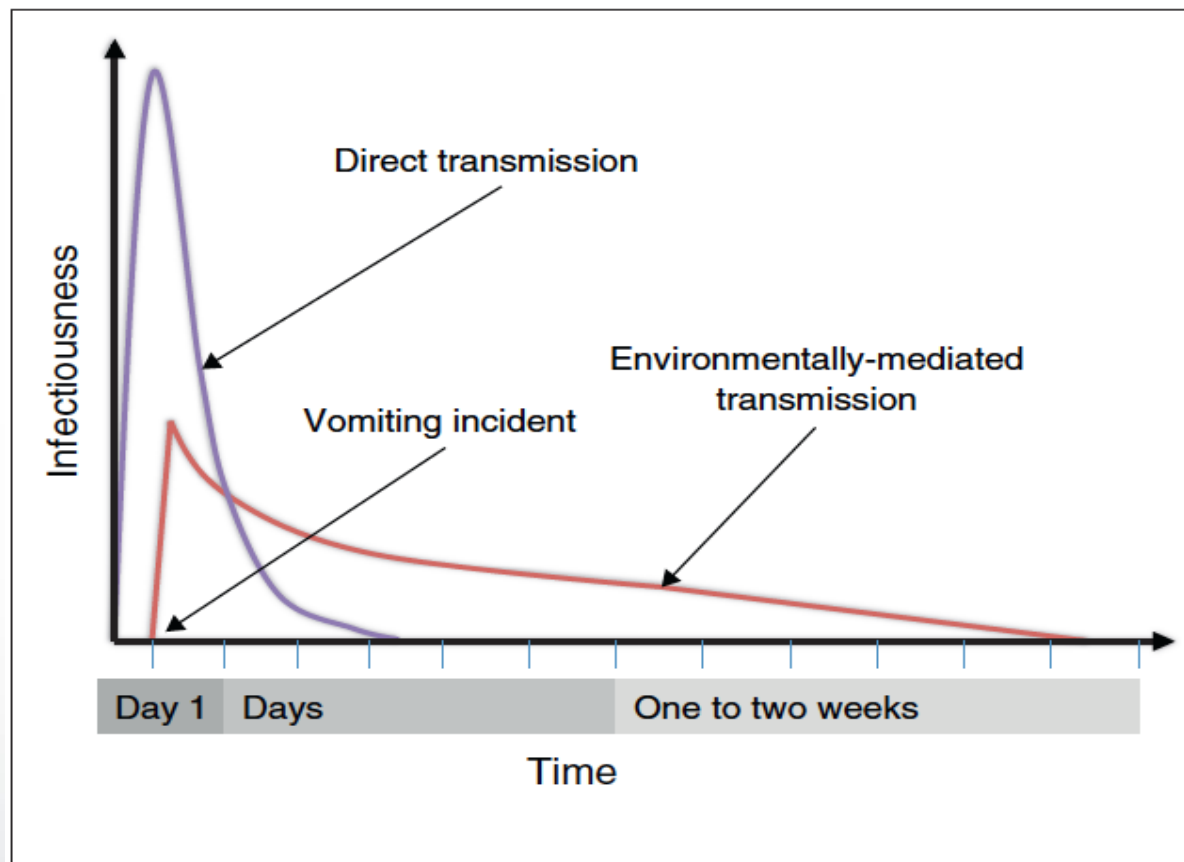
HuNoV environmental stability

- Environmentally stable
- Can persist on surfaces for up to 2 weeks or longer

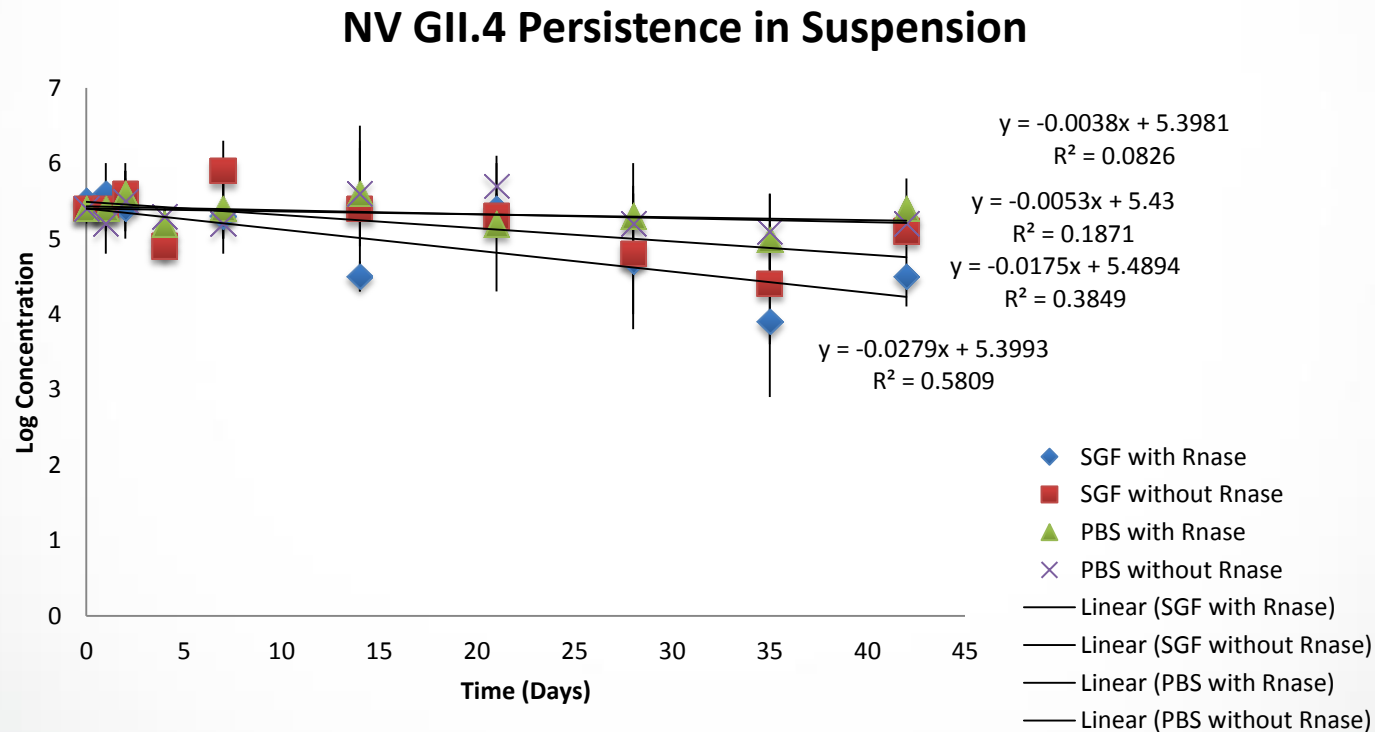


HuNoV Stability and Infectivity Influence Indirect Transmission

Illustration of the direct and indirect transmission potential of norovirus over time.



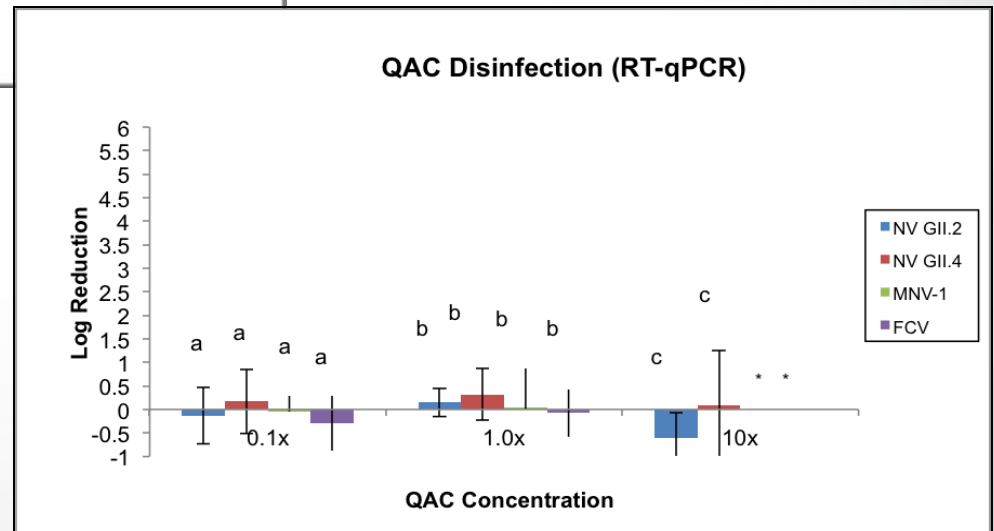
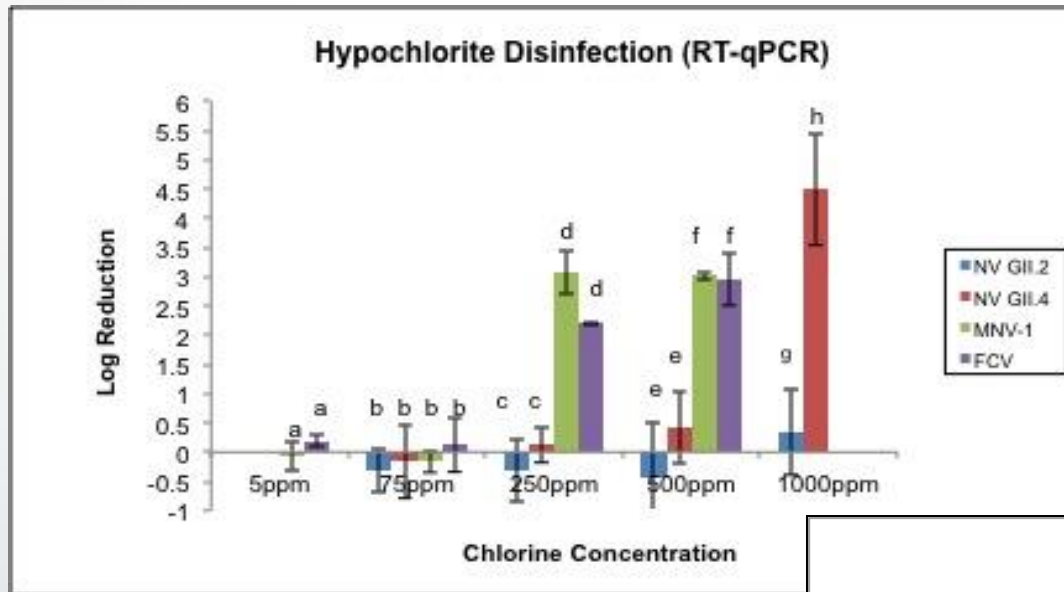
Persistence of GII.4 in SGF Suspension



Tung-Thompson et. al. 2015. Food Environ Virol. 7:32-40.

HuNoV GII.4 persistence in suspension of SGF or PBS, over the course of 42 days, with or without RNase pretreatment prior to RT-qPCR

HuNoV Resistance—Surface Disinfectants



HuNoV Resistance—Hand Sanitizers

- Resistant to many common chemical disinfectants
 - notably resistant to ethanol based hand sanitizers

Effectiveness of Liquid Soap and Hand Sanitizer against Norwalk Virus on Contaminated Hands[∇]

Pengbo Liu,¹ Yvonne Yuen,^{1§} Hui-Mien Hsiao,¹ Lee-Ann Jaykus,² and Christine Moe^{1*}

Center for Global Safe Water, Hubert Department of Global Health, Rollins School of Public Health, Emory University, Atlanta, Georgia 30322,¹ and Department of Food Science, North Carolina State University, Raleigh, North Carolina 27695²

TABLE 1. *In vivo* efficacies of hand wash agents against NV evaluated by standard and modified ASTM methods^a

Exposure	Standard ASTM method			Modified ASTM method		
	<i>n</i>	Avg log reduction (SD)		<i>n</i>	Avg log reduction (SD)	
		No RNase	RNase		No RNase	RNase
Dry control	20	0.20 (0.28) ^A	0.16 (0.06) ^X	20	0.22 (0.25) ^A	0.20 (0.24) ^X
Hand sanitizer	20	0.14 (0.31) ^A	0.27 (0.12) ^X	10	0.22 (0.22) ^A	0.34 (0.22) ^X
Liquid soap ^b	20	0.94 (0.46) ^B	0.67 (0.47) ^Y	10	1.20 (0.64) ^B	1.10 (0.49) ^Y
Water rinse ^c	20	0.75 (0.63) ^B	0.58 (0.37) ^Y	20	1.58 (0.48) ^B	1.38 (0.49) ^Y

^a Different superscript capital letter designations in a column indicate statistically significant differences ($P < 0.05$) between mean \log_{10} reductions by disinfection/removal treatments for the finger pad eluates with no RNase treatment (A and B) or with RNase treatment (X and Y) prior to RT-qPCR.

^b There was a marginal statistical difference ($P = 0.048$) between the results from the standard and modified ASTM methods for samples that received the RNase treatment.

^c In comparing the results of the standard and modified ASTM methods for each disinfection/removal treatment, statistically significant differences ($P < 0.05$) were observed for treatments either with no RNase treatment or with RNase treatment prior to RT-qPCR.

HuNoV Resistance—Processing Technologies

Randomized, Double-Blinded Clinical Trial for Human Norovirus Inactivation in Oysters by High Hydrostatic Pressure Processing^{▽†}

Juan S. Leon,^{1‡} David H. Kingsley,^{2‡} Julia S. Montes,^{1‡} Gary P. Richards,² G. Marshall Lyon,³
Gwen M. Abdulhafid,³ Scot R. Seitz,³ Marina L. Fernandez,¹ Peter F. Teunis,¹
George J. Flick,⁴ and Christine L. Moe^{1*}

*Hubert Department of Global Health, Rollins School of Public Health, Emory University, Atlanta, Georgia 30322¹;
United States Department of Agriculture, Agricultural Research Service, Delaware State University, Dover,
Delaware 19901²; Emory University, Atlanta, Georgia 30322³; and Virginia Polytechnic Institute and
State University, Blacksburg, Virginia 24061⁴*

TABLE 2. Distribution of study subject infection status among oyster treatment groups

Phase	Treatment conditions	No. of subjects infected/ total (%) postchallenge with:		<i>P</i> value ^b
		HPP-treated oysters	Untreated oysters ^a	
1	400 MPa, 25°C, 5 min	3/5 (60)	7/15 (47)	1.0000
2	600 MPa, 6°C, 5 min	0/10 (0)	7/15 (47)	0.0202
3	400 MPa, 6°C, 5 min	3/14 (21)	7/15 (47)	0.2451

^a The control group represented the combined number of controls over phase 1 through phase 3 (*n* = 15) because each control received untreated HuNoV-seeded raw oysters with the same amount of HuNoV inoculum.

^b Fisher's exact two-sided test compared each treatment group to all of the controls (i.e., the total number of subjects challenged with non-HPP treated oysters).

The role of vomitus in indirect transmission

Recurring Norovirus Transmission on an Airplane

Craig N. Thomley,¹ Nicola A. Emslie,² Tim W. Sprott,² Gail E. Greening,³ and Jackie P. Rapana¹

¹Auckland Regional Public Health Service, Auckland District Health Board, Auckland, New Zealand; ²Air New Zealand Medical Unit, Air New Zealand, Auckland, New Zealand; and ³Environmental Health Food Group, Institute of Environmental Science and Research, Porirua, New Zealand

(See the Editorial Commentary by Lopman, on pages 521-22.)

Epidemiol. Infect. (2011), 139, 317–325. © Cambridge University Press 2010
doi:10.1017/S0950268810000981

A norovirus outbreak associated with environmental contamination at a hotel

H. KIMURA^{1*}, K. NAGANO², N. KIMURA³, M. SHIMIZU², Y. UENO⁴,
K. MORIKANE⁵ AND N. OKABE⁶

J Infect Dis. 2012 Jun;205(11):1639-41. doi: 10.1093/infdis/jis250. Epub 2012 May 8.

A point-source norovirus outbreak caused by exposure to fomites.

Repp KK, Keene WE.

Washington County Department of Health and Human Services, Hillsboro, OR, USA.

Barriers to Research (Detection)

- Cannot be cultivated outside the human host
- Many viruses, great diversity (no broadly reactive reagents)
- Limited fecal stocks and reagents (VLPs, antibodies)
- Short-lived immunity and currently no vaccine
- Lack of commercially available diagnostics
 - RIDA[®]-QUICK (R-Biopharm AG) (EIA)
 - CeeramTOOLS[®] (Ceeram S.A.S.) (RT-qPCR)
 - Others in the pipeline (Qiagen, Cepheid, Shimadzu Corp, Norgen Biotek, Applied Biosystems, others?)
- ***Limiting factors:***
 - ***No broadly reactive reagents (antibodies)***
 - ***In food/environmental samples: high sample volumes, low contamination levels (10-100 viruses in 25g or 100 ml+)***

Simple Concentration



Homogenization



Surface Elution



Large volume filtration

- Ultrafiltration
- Glass wool filters

Liquid portion

Elute from solid

Solid portion

Concentration

- PEG ppt.
- Acid ppt.
- Organic Flocculation
- Cationic particles

Small volume liquid

Sample purification

- Organic solvent extraction
- Enzymatic digestion

Measures to estimate infectivity

RNA Extraction and Detection

Aptamers vs. Antibodies

Aptamer

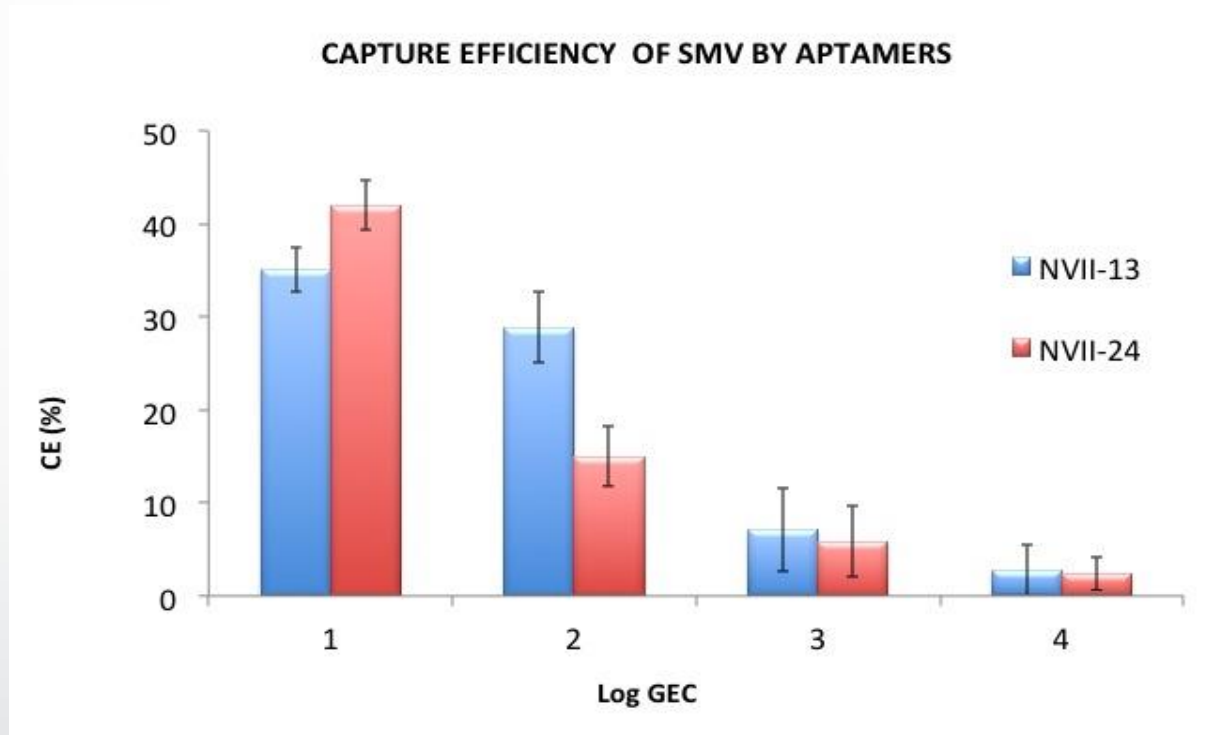
- Chemical Synthesis
- Modulate binding condition
- Heat stable and recoverable
- Less expensive
- Long shelf-life

Antibody

- Animal system
- Cannot modulate binding condition
- Heat sensitive and binding irreversible
- More expensive
- Limited shelf-life

Results: Aptamer Magnetic Capture Method

LoD : $1 \log_{10}$ (10) Genome Equivalent Copies (GEC)/ml



Host Susceptibility

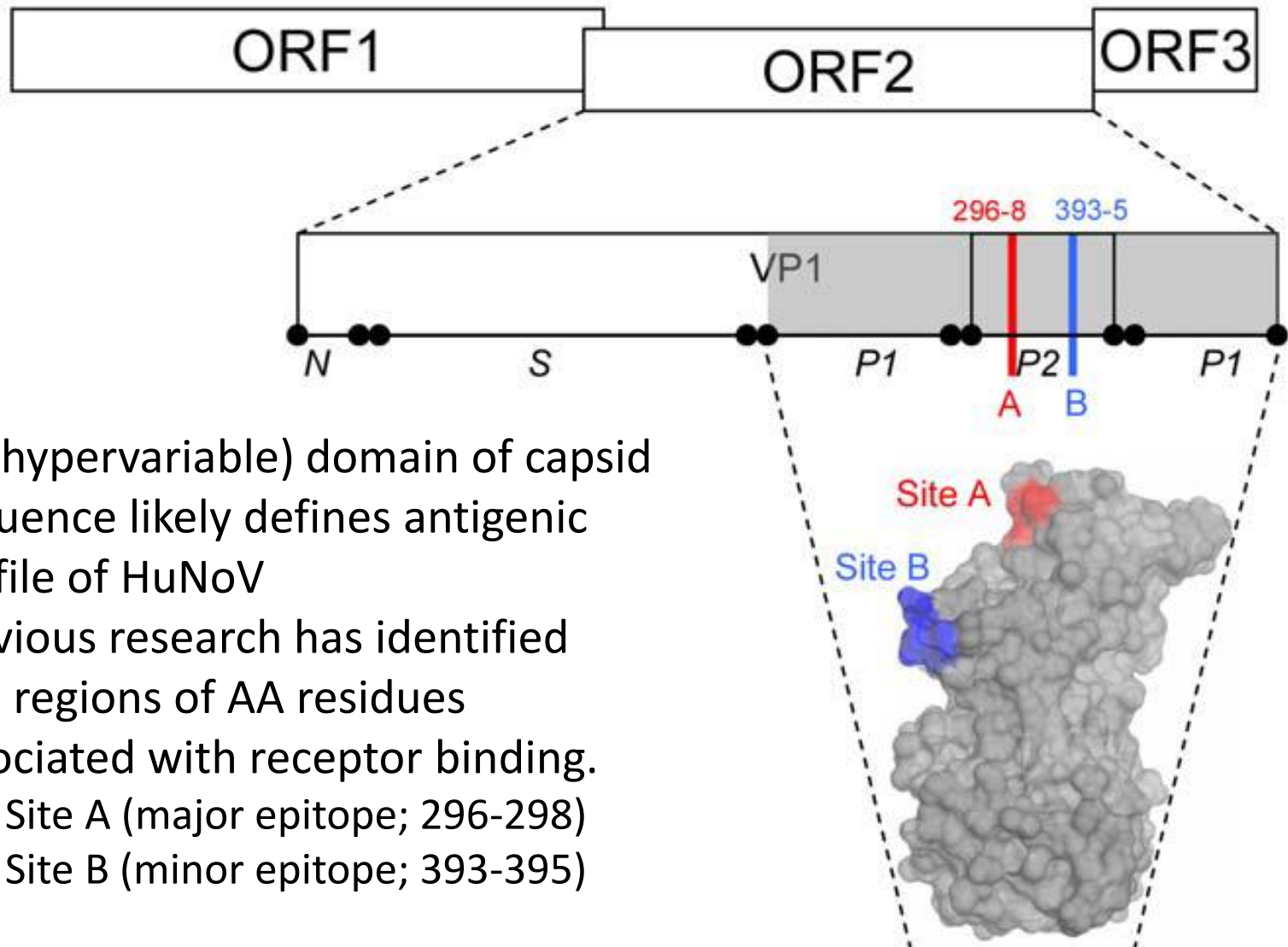
Table 1 | Virus-like particle binding of synthetic histo-blood group antigens

Genogroup and genotype	Virus-like particle	Year	Synthetic histo-blood group antigen bound
I.1	Norwalk	1968	A, H1 and H3
	West Chester	2001	A, H1 and H3
I.2	Southampton	1999	A, H3 and Le ^A
I.3	Desert Shield	1999	Le ^A
I.4	Chiba	2000	A, Le ^A and Le ^X
II.1	Hawaii	1971	A
	Weisbaden	2001	None
II.2	Snow Mountain	1976	H3
	Buds	2002	None
	Ina	2002	None
II.3	Toronto	1999	A and H3
II.4	GI.4.1987	1987	H3 and Le ^Y
	GI.4.1987_D393Q	2007*	B and H3
	GI.4.1997	1997	A, B, H3, Le ^B and Le ^Y
	GI.4.2002a	2002	A, Le ^A and Le ^X
	GI.4.2002	2004	H3 and Le ^Y
	GI.4.2004	2004	None
	GI.4.2005	2005	None
	GI.4.2006	2006	A, B and H3
	M7	1999	None
V	Mouse norovirus	2004	None

Le, Lewis antigen. *A mutant generated in 2007.

- Genetics
 - Histo blood group antigens (HBGAs) and FUT-2 secretor status
 - Virus-specific
 - Host cell binding receptor or co-receptor
- Host immunity
 - Some, but not broad, cross protection
 - Herd immunity
 - Quasispecies
 - Altered antigenicity

Genetic Evolution



- P2 (hypervariable) domain of capsid sequence likely defines antigenic profile of HuNoV
- Previous research has identified two regions of AA residues associated with receptor binding.
 - Site A (major epitope; 296-298)
 - Site B (minor epitope; 393-395)

Norovirus Recognizes Histo-Blood Group Antigens on Gastrointestinal Cells of Clams, Mussels, and Oysters: A Possible Mechanism of Bioaccumulation

PENG TIAN,^{1*} ANNA L. ENGELBREKTSON,¹ XI JIANG,² WEIMING ZHONG,² AND ROBERT E. MANDRELL¹

Development of a Fluorescent In Situ Method for Visualization of Enteric Viruses⁷

Helen Rawsthorne,* Trevor G. Phister, and Lee-Ann Jaykus

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Received 18 August 2009/Accepted 5 October 2009

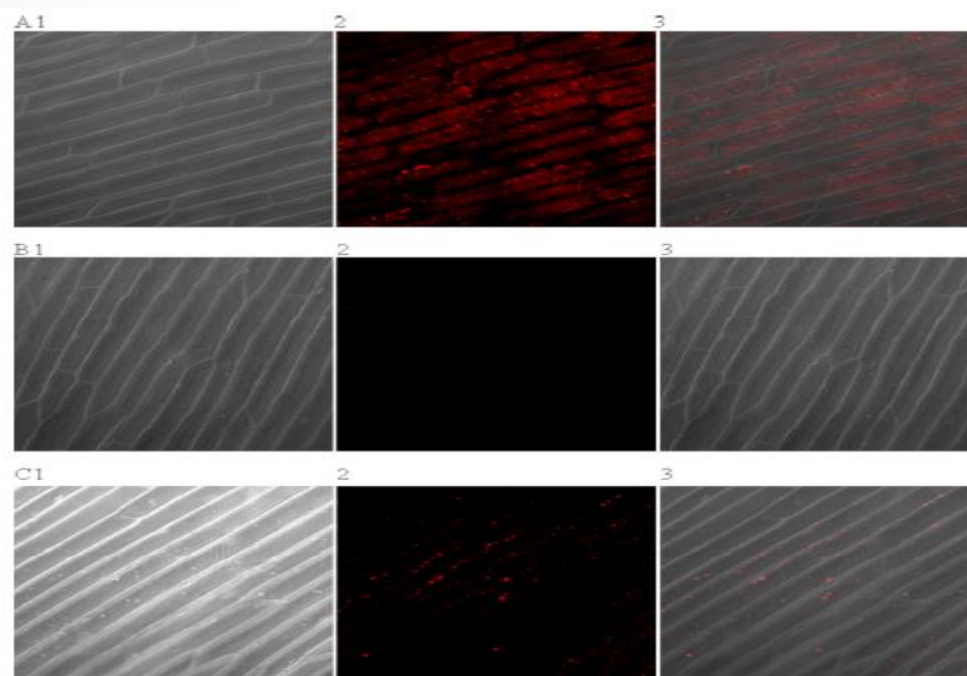
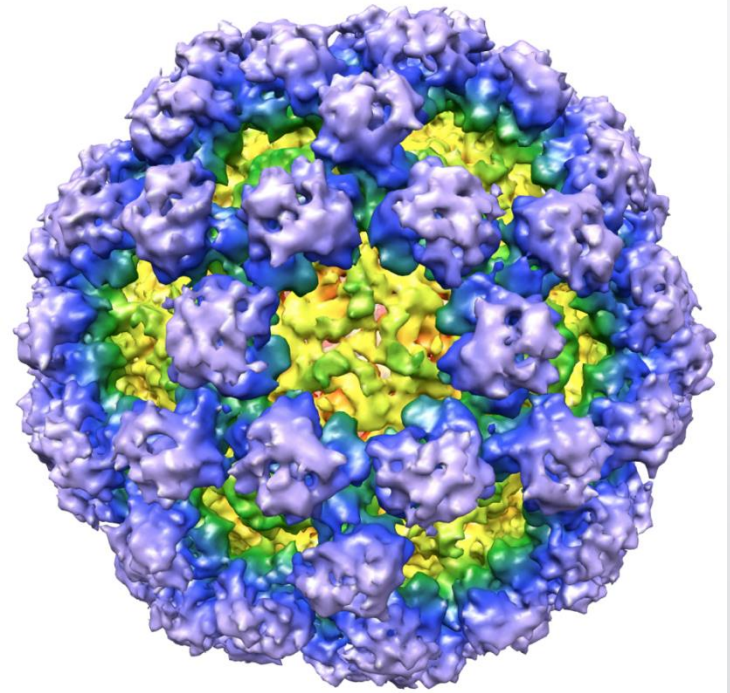


FIG. 2. Visualization of biotinylated virus binding to the surface of onion epidermis. (A) Onion epidermis after exposure to bio-HAV and Q-Dots 655. (B) Onion treated with the Q-Dots only. (C) Onion epidermis after the bio-HAV had been eluted from the surface with beef extract buffer before the addition of the Q-Dots. Image 1 shows the onion epidermis only under light microscopy, image 2 shows the fluorescence from the Q-Dots, and image 3 is an overlay of images 1 and 2.

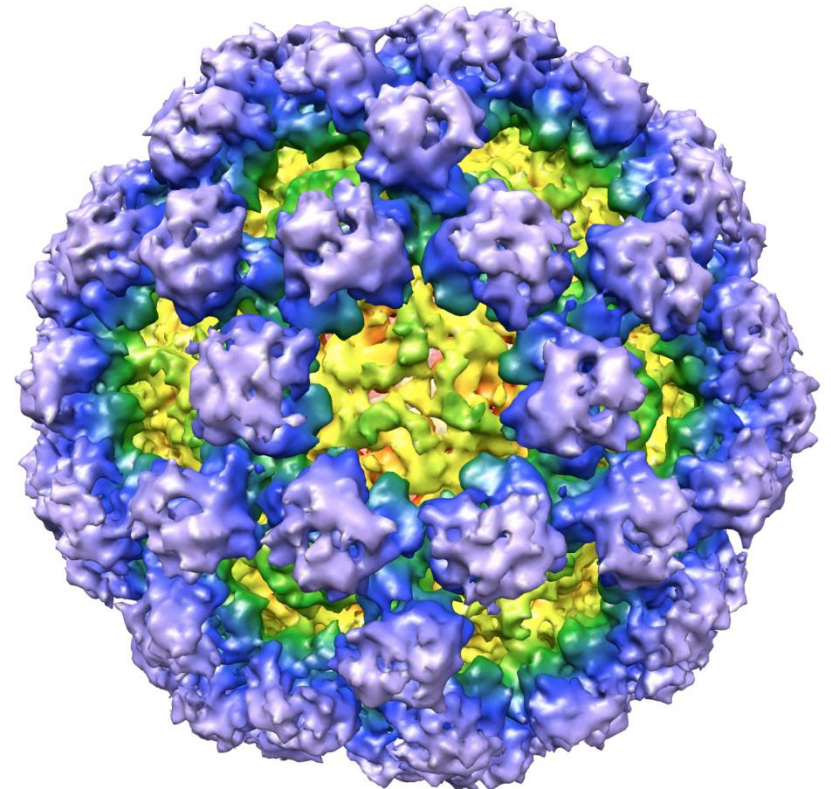
Summary

- HuNoV: the perfect pathogen?
 - Highly infectious
 - Rapid and efficient spread by a variety of means
 - Environmentally stable and resistant to many sanitizers and processing technologies
 - Constantly evolving
 - Evokes limited immune response
 - Only moderately virulent (rarely lethal)



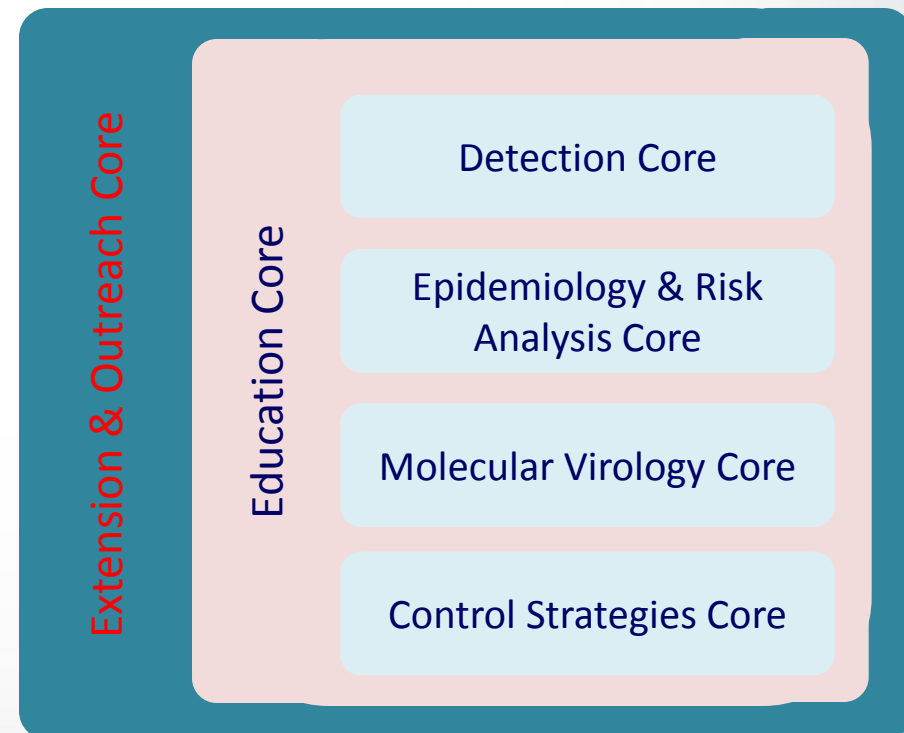
Summary

- Bottom line:
 - New strains will continue to emerge (they may be associated with more severe disease)
 - Collectively, the unique features of HuNoV allow these viruses to persist in the human population
 - Vaccination options complicated
 - Will likely remain a public health challenge for years to come



The USDA-NIFA Food Virology Collaborative

- **Long Term Goal:** To reduce the burden of food borne disease associated with viruses, particularly noroviruses
- **Approach:** Multi-disciplinary team working in an integrated manner to develop improved tools, skills, and capacity to understand and control food borne virus risks
- **Objectives (Cores):**
 - Molecular virology
 - Detection
 - Epidemiology and Risk Analysis
 - Prevention and Control
 - Extension and Outreach
 - Education and Capacity Building



Partners in the Food Virology Collaborative



Centers for Disease Control and Prevention



Stakeholder Engagement



Research Activities

- Molecular Virology: Develop improved methods to facilitate the study of foodborne viruses
- Detection: Develop and validate sensitive, rapid, and practical methods to detect and genotype HuNoV in relevant sample matrices
- Epidemiology and Risk Analysis: Collect and analyze population data on the burden of virus-associated foodborne disease, including epidemiological attribution and characterization of risk and costs
- Prevention and Control: Improve understanding the occurrence and behavior of HuNoV in the food safety continuum so as to inform development of scientifically justifiable control measures.

Research: Molecular Virology and Detection

- Key limitation to the study of norovirus is that it is uncultivable:
 - can't grow it in the lab >>> volunteers or stool samples from outbreaks
 - *Develop a culture system for this virus in the lab*
- Develop sensitive, rapid, and practical methods to detect and genotype human norovirus in relevant sample matrices, namely food products
 - mathematical modelling,
 - develop novel methods of detection, and
 - determining ways to discriminate between infectious and non infectious virus

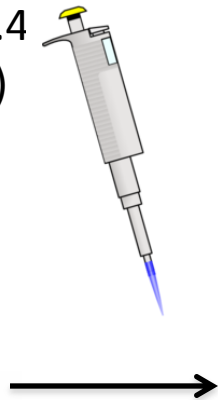
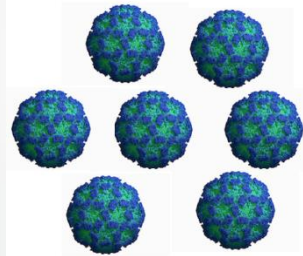
Research: Epidemiology/Risk Analyses and Prevention/Control

- develop and apply risk models in order to estimate the economic, endemic, and epidemiological burden of food borne disease caused by human norovirus
- improve the understanding of the occurrence and behavior of human norovirus
 - potential alternative indicator organisms
 - development of novel agents for hand and surface decontamination
 - new mitigation technologies/strategies in foods

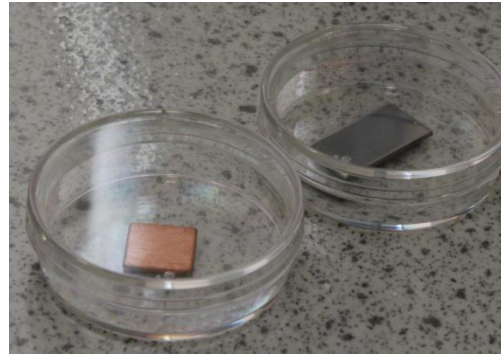
Just a few of the ongoing areas of Research:

- Literature database – more than 2,500 articles
- Ongoing work at CDC – repository of reagents to study noroviruses
- Comparison of different norovirus surrogates
- Prevention and Control – Assessment of High Pressure Processing (HPP)

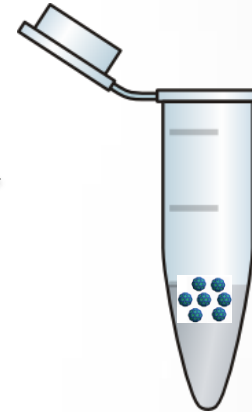
- 25 μ l (GI.6 or GII.4 fecal suspension)
- 1 μ l (GII.4 VLPs)



Expose on coupons
(1x1") for 0 to 240
minutes



Elute by pipetting up
and down with PBS-
EDTA (20mM)



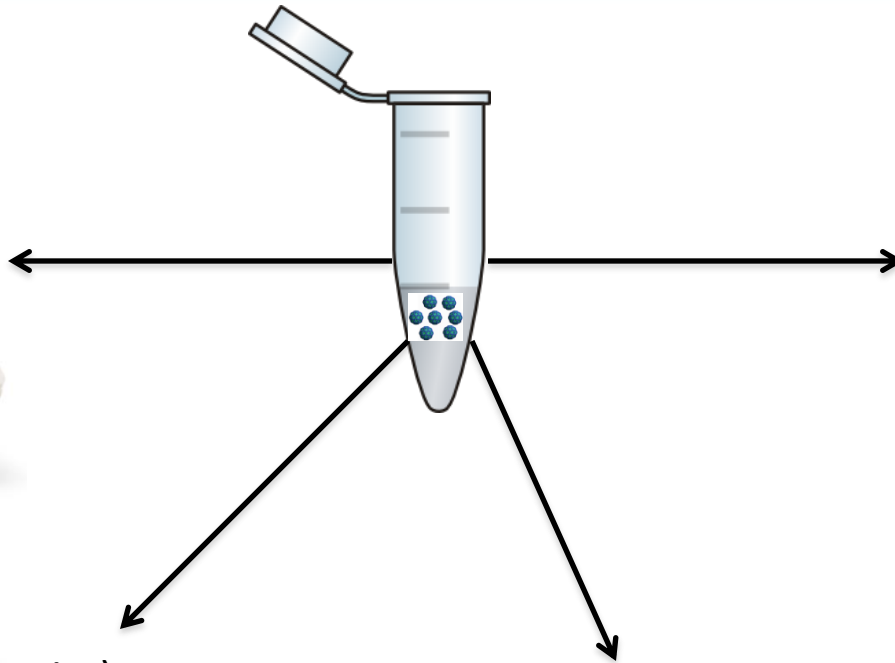
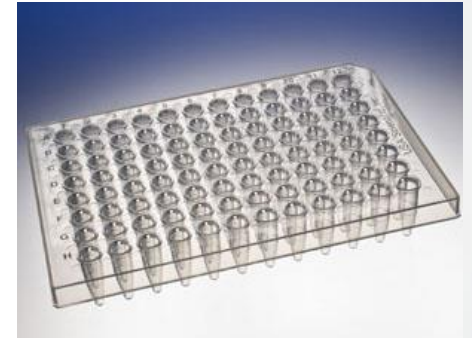
Alloys Tested

Metal alloy (UNS designation)	Percent copper
Copper (C11000)	100
Bronze (C51000)	95
Copper-Nickel (C70600)	87
Brass (C26000)	70
Muntz metal (C28000)	60
Stainless steel (S30400)	0

Rnase-H RT-qPCR
(genome integrity)



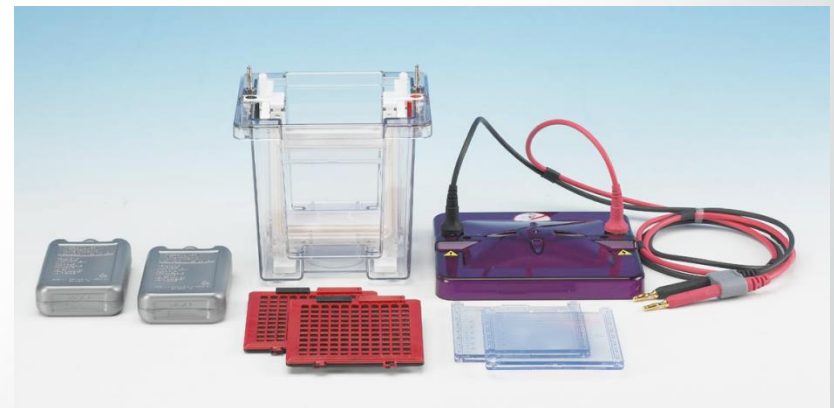
HBGA binding
assay (capsid function)



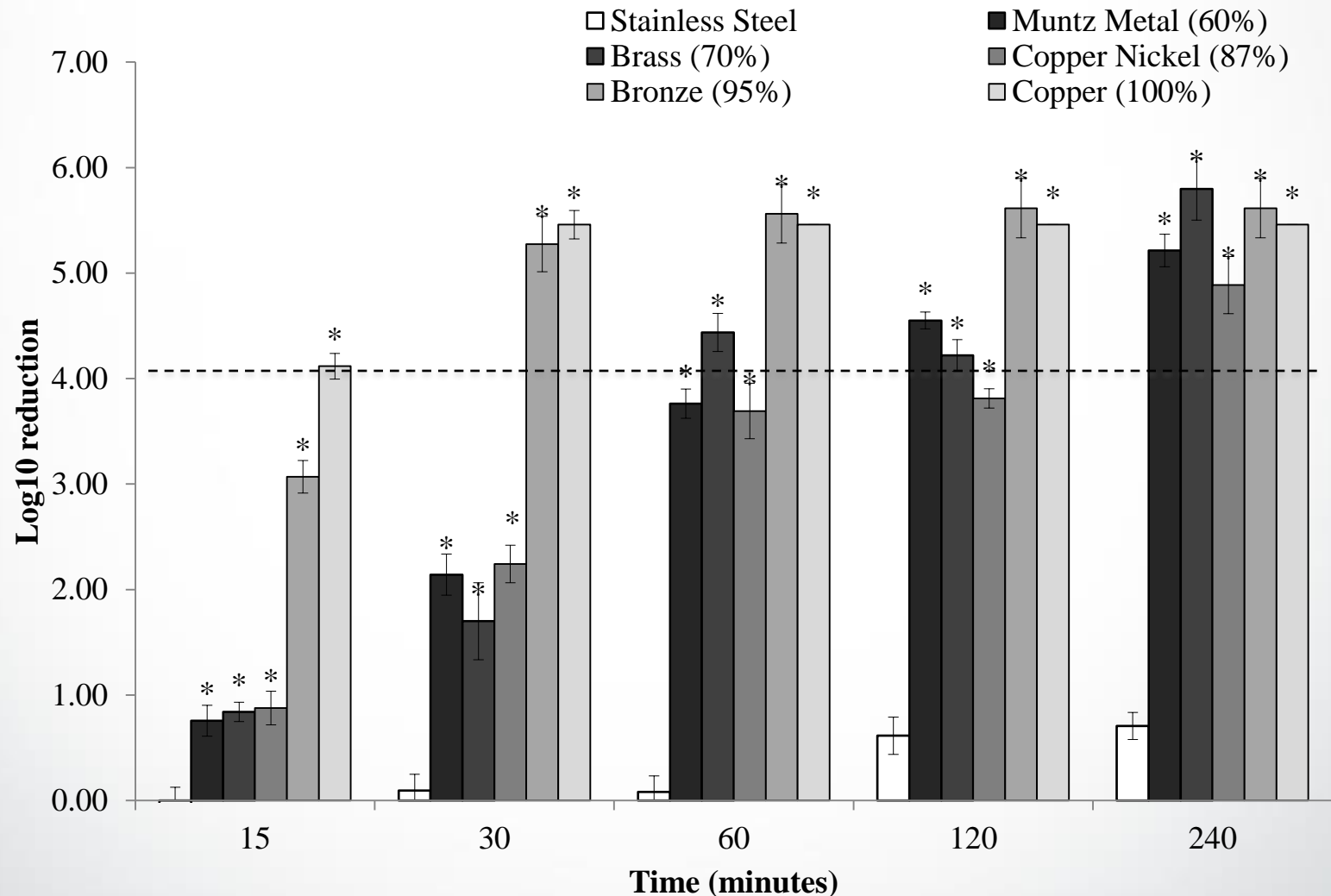
Transmission electron
microscopy (capsid integrity)



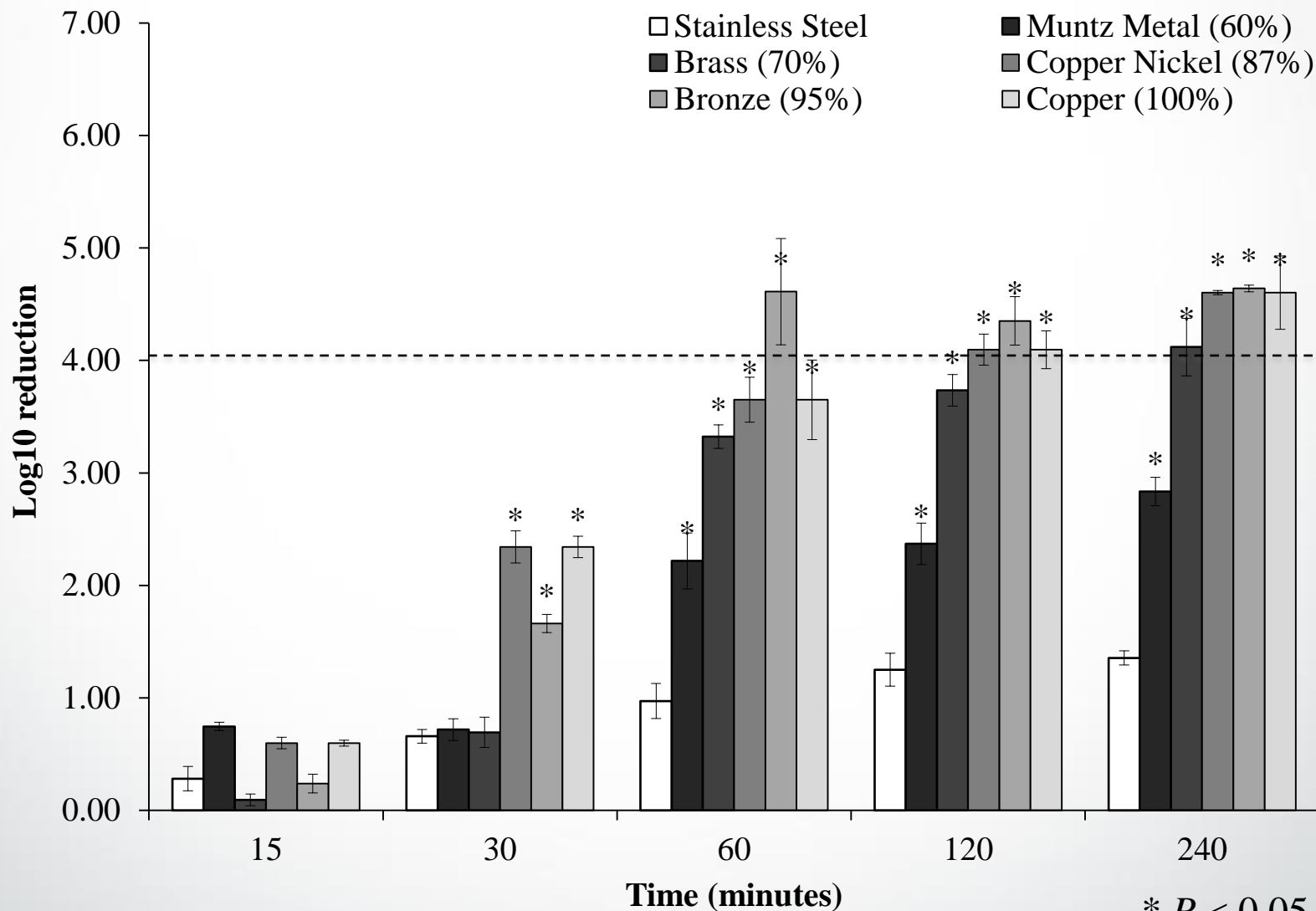
SDS-PAGE/Western blot (capsid integrity)



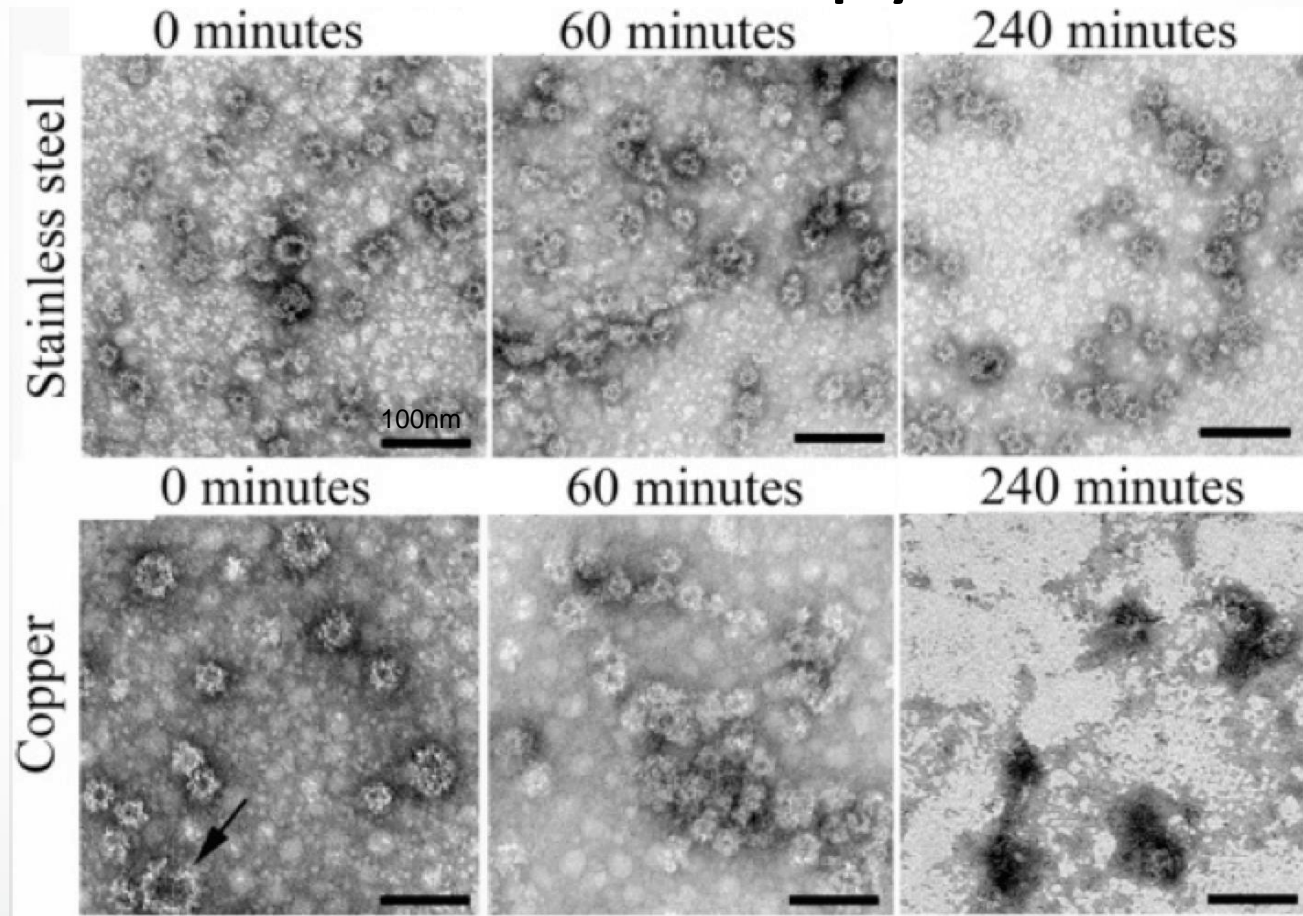
Rnase-H RT-qPCR Results (GI.6)



Rnase-H RT-qPCR Results (GII.4)



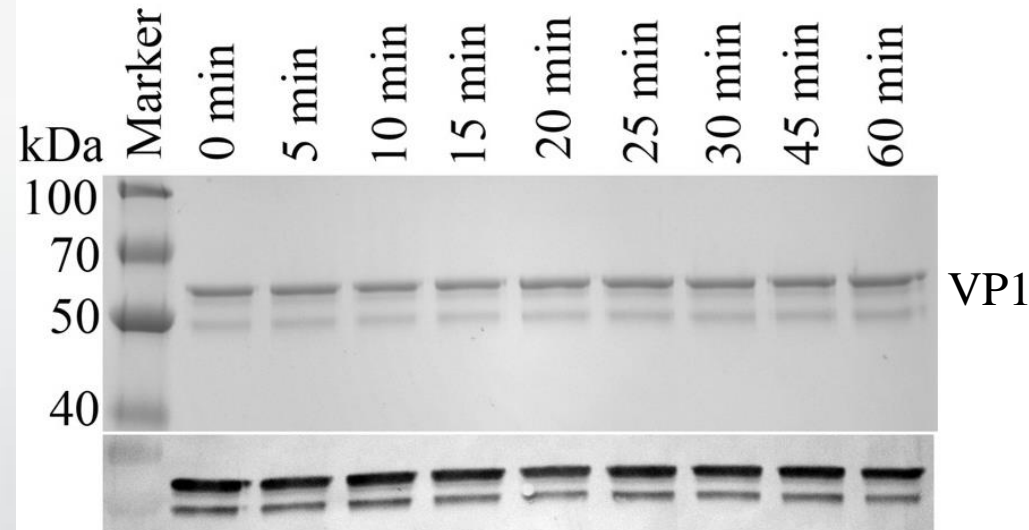
Electron Microscopy Results



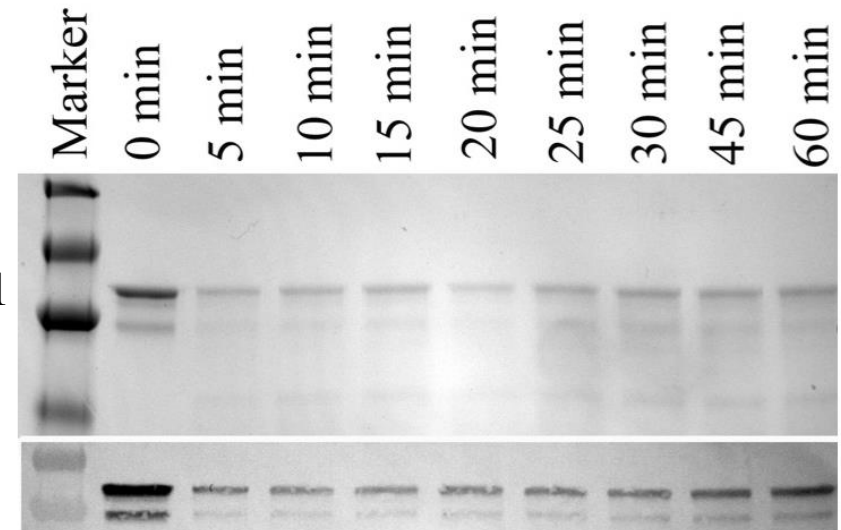
- VLPs exposure to SS remain dispersed and stable for 240 minutes exposure
- Exposure to copper results in aggregation (60 minutes) and eventually destruction (240 minutes)

SDS-PAGE/Western Blot Results

Stainless steel

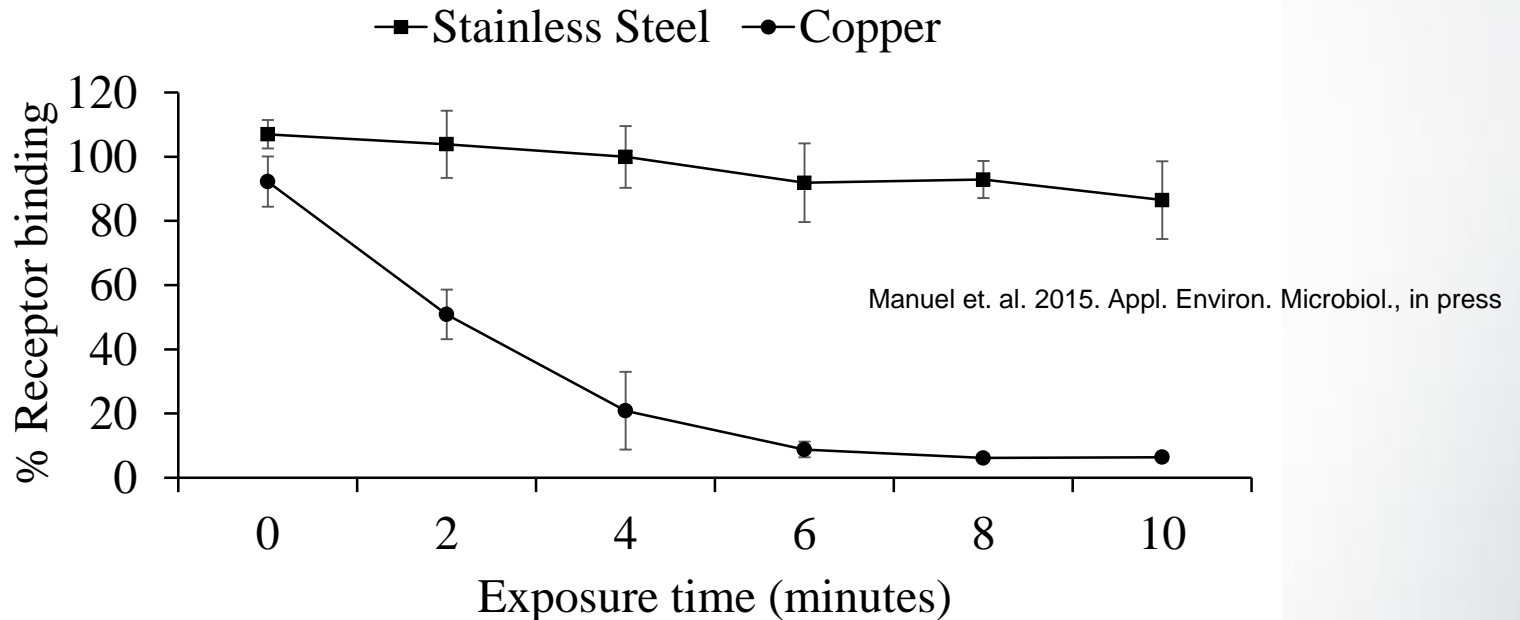


Copper



- Rapid loss of HuNoV VP1 capsid protein occurs in samples exposed to copper, but not stainless steel

HBGA (Type-A) Binding Assay Results

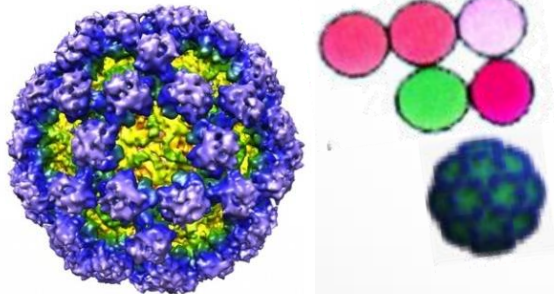


- Exposing GII.4 VLPs to copper surfaces results in rapid (less than 10 minutes) loss of ability to bind HBGA receptor
- GII.4 VLPs exposed to stainless steel retain HBGA binding ability for several hours (data not shown)

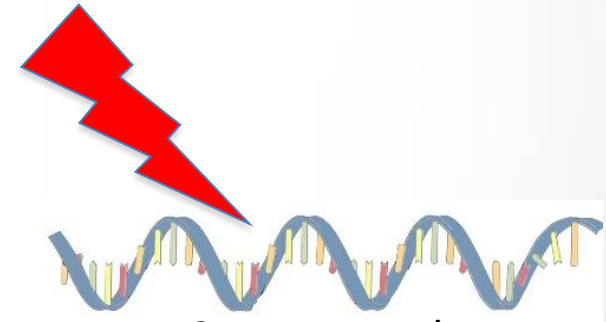
Major Findings

Exposure to
Copper surfaces:

1. Destroys the
HuNoV Capsid



2. Destroys the
HuNoV genome



Exposure to copper surfaces results in changes to both capsid and genome integrity, supporting HuNoV destruction

The Big Picture

- HuNoV is destroyed by copper containing surfaces
- Incorporating copper touch surfaces in at risk settings (cruise ships, restaurants, restrooms, elder care facilities) may help reduce HuNoV environmental transmission
 - Use as an additional “tool”, not substitute for sanitation



Extension, Outreach, and Education Activities

- Extension and Outreach: Translate and disseminate new knowledge about foodborne viruses into practices that reach target audiences in relevant work environments and across a wide array of stakeholder groups
- Capacity Building: Build scientific and human capacity to support increased and sustained efforts in food virology by fostering information and exchange, expanding professional capacity through formal student education and training initiatives

Extension Messages for Control of Foodborne Viruses:

- Foodborne outbreaks from microbial pathogens continue to have **significant public health impacts**
 - And significant costs to the industry
- **Viruses** have emerged as the leading cause of foodborne outbreaks of gastroenteritis
- Not all microbial pathogens are created equal...
 - Viruses behave very differently in the environment as compared to bacteria

Extension Messages for Control of Foodborne Viruses:

- Viruses of public health significance come from **HUMAN** fecal contamination
 - Viral pathogens (such as norovirus and Hepatitis A virus) are generally more host specific than parasitic and bacterial pathogens
- Viruses are **shed in high numbers** from infected individuals
- Viruses are **infectious at very low doses**

Extension Messages for Control of Foodborne Viruses:

- Viruses are **stable in the environment** and **resistant to chemical disinfectants**
- Control strategies can be developed from understanding how viruses are transmitted
 - Through contaminated water
 - Associated with vomiting incidents
 - Particularly on hands of infected workers
- **Prevention is the key for controlling viral pathogens!**

Extension Messages for Control of Foodborne Viruses:

- **Promote thorough and frequent handwashing!**
- **Pay attention personal hygiene and to restrooms!**
- **Take care to manage vomiting events!**
- **Do not assume that simple surface disinfection with standard chlorine concentrations will eliminate viruses on surfaces (≥ 1000 ppm)!**



http://www.benekeith.com/images/food/washing_hands.jpg



https://edc2.healthtap.com/ht-staging/user_answer/avatars/1503603/large/open-uri20131123-1276-djge2j.jpeg?1386665397

Harvesters: keeping your hands clean

Dirty hands can contaminate produce with viruses that cause human illnesses, like hepatitis A and norovirus.

Prevention is the best control and good hand hygiene is critical to making berries safer.

- Wash your hands thoroughly with soap and clean water, especially after using the bathroom.
- Do **not** rely on alcohol based hand sanitizers, they are not completely effective against foodborne viruses like norovirus and hepatitis A.

Berries are **at-risk foods** for viral contamination.

- They are hand picked and these viruses spread easily with hand contact via the fecal-oral route (poop to mouth).
- Berries are generally not heated or cooked before being eaten so virus is not destroyed.
- The use of sanitizers, washing, and/or freezing berries is not effective for removing or destroying the virus.



Foodborne viruses

Noroviruses are the leading cause of foodborne illness.

Norovirus (the "stomach flu") causes nausea, vomiting, & diarrhea. There are over 8 million foodborne cases per year in the U.S. alone. Hepatitis A illness starts with flu-like symptoms and then progresses to jaundice (yellowing of the skin & eyes) and sometimes other complications.

For both viruses, it is possible to be infected and not show symptoms; the sick person is also infectious for days to weeks before, during, and after illness, so keeping your hands clean is especially important. This is also important if you are taking care of someone who is ill.

Norovirus infection is miserable but usually lasts a short time. Sometimes it is necessary to see a doctor because of dehydration. Hepatitis A infection is much more severe.



Outbreak Snapshots

Hepatitis A	Norovirus
In 2013, over 100 people in the Western U.S. became ill with hepatitis A infections after eating contaminated frozen berries (pomegranate seeds are likely the vehicle of contamination).	In 2012, over 11,000 children and teens in Germany were sickened by norovirus from contaminated frozen strawberries distributed to schools.
In early 2013, dozens were sickened in Europe over several months from frozen berries served in smoothies.	In a 2009 norovirus outbreak in Europe caused by raspberries, over half of those affected were children younger than 7 years of age.
A 2012 outbreak of hepatitis A in Canada was also linked to a frozen mixed berry blend.	In 2005, contaminated raspberries sickened more than 1000 people in Denmark, including people in hospitals and nursing homes.

Hand Hygiene *for* Farm Management

Dirty hands can contaminate produce with viruses that cause human illnesses, like hepatitis A and norovirus. Farms need adequate toilet facilities and hygiene tools.



Prevention is Key

• Training Educate workers about good hand hygiene practices and proper glove use. Teach control measures, why they are important, and what the consequences are if they are not used. Do **not** rely on alcohol based hand sanitizers, they are not completely effective against foodborne viruses.

Norovirus (the "stomach flu") causes nausea, vomiting, & diarrhea. Hepatitis A illness starts with flu-like symptoms but progresses to disease of the liver, leading to jaundice (yellowing of the skin & eyes) and sometimes additional complications.

For both viruses, it is possible to be infected and not show symptoms; the sick person sheds virus for a long time, and these viruses remain stable in the environment.

• On the Farm Provide the facilities. Adequate toilet and handwashing facilities include soap, clean water, and paper towels. Trash bins should not be allowed to overflow (soiled paper or tissue can contaminate shoes).

• Opportunity Create a working environment and schedule that promotes appropriate hand washing practices.

Berries are at risk for contamination with viruses.



...they are hand-picked and generally not heated or cooked prior to consumption. Use of sanitizers, washing, and freezing is not effective for removing or destroying either virus.

Preventing contamination is the best control.



...for proper handwashing, provide soap, clean water, and paper towels.

Virus contamination of field worker hands has been reported by scientists



...these viruses can be transferred from hands to produce.

Don't Barf off the Boat

Your Vomit Matters

Norovirus: the quick & dirty

Symptoms · nausea · vomiting · diarrhea
· stomach pain · sometimes fever and headache

No symptoms does not mean no virus.
You can still spread the virus after you recover.

One person's vomit can contain

billions
of virus particles.

When you vomit in the ocean, the virus builds up in shellfish like oysters and clams; it can still cause infection when the oyster is eaten. Even if lightly cooked or steamed.



As few as **ten** particles can make you sick. Your vomit could infect 100s to 1000s of people.

Healthy people usually recover from norovirus in a few days. For children and the elderly the illness can be severe.



But you have to puke somewhere.

Do it in...

a flushable toilet (lid down when you flush) or a container you can seal & throw out/disinfect with liquid bleach.

Clean it up...

with disposable paper towels and seal them in a plastic bag to throw out

disinfect the affected area and all surrounding areas up to 6 feet beyond

use chlorine bleach concentrated at 1.5 cups liquid bleach/ 1 gallon of water

let it sit for at least 5 minutes

repeat if possible, then clean as usual.

Always **wash your hands with soap and water**, especially after using the bathroom or cleaning up vomit. Wash affected clothing and linens immediately.



Don't Poo in the Blue...

Human sewage in the ocean can cause human illnesses.

What happens?



Boat heads are emptied in waterways or people poop directly in the water. This waste may contain norovirus particles. Infected people can shed the virus even when they are not showing symptoms.



Oysters and clams filter virus particles from the contaminated water, concentrating them in their bodies. Noroviruses can remain in the environment for a long period of time without losing the ability to infect people.



The oysters and clams are harvested and served, usually raw or lightly steamed. This light cooking does not inactivate norovirus, and people can become ill. They may then spread the virus to others. People usually recover without problems, but dehydration is a concern, and may rarely result in hospitalization.

Norovirus

(the "stomach flu") causes nausea, vomiting, diarrhea, stomach pain, and sometimes fever. There are millions of cases each year in the U.S. alone, resulting in 1,000s of hospitalizations and 100s of deaths. It spreads through the fecal-oral route (poop to mouth), by way of food, water, objects, surfaces, and other people.

Your poop matters.

Just one person's poop is enough to cause an outbreak.

- 1 gram of poop, **about the weight of a fish hook**, can contain millions of virus particles.
- It only takes 10-100 viruses to get sick.
- The waste from **one person** can contaminate an area about the **size of 25 football fields**.

Boaters once contaminated a U.S. Gulf Coast waterway by dumping human waste overboard. Oysters harvested from that area caused a norovirus outbreak that sickened 200 people across 6 states. It only took this one incident to cause the outbreak.



Reduce the Risk

- 1) **Know the symptoms of norovirus and stay off the boat while ill.**
- 2) **Poop with care.** Use a toilet or container for poop and dispose of the contents at marina stations if possible.
- 3) **Disinfect all items that have contact with poop.** Use 1.5 cups of **liquid chlorine bleach** per gallon of water and let it sit for at least 5 minutes. Repeat disinfection then clean as normal.
- 4) **Wash hands with soap and water.** Do this often, especially after using the bathroom. Do not rely on hand sanitizers alone, they are not completely effective against norovirus.

Prevent Poo in the Blue

A Bulletin for Marinas

What happens...

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Human sewage in the ocean & waterways can cause human illnesses such as **norovirus** (the "stomach flu"), which causes nausea, vomiting, diarrhea, stomach pain, and sometimes fever. There are millions of cases each year in the U.S. alone, resulting in 1,000s of hospitalizations and 100s of deaths. It spreads through the fecal-oral route (poop to mouth), by way of food, water, objects, surfaces, and other people.

Reduce the Risk

- 1) Raise awareness. Post information about these risks where boaters can see it.
- 2) Provide functional facilities for boat waste disposal.
- 3) Post information about proper handwashing practices.
 - Hands should be washed with soap and water, and dried with paper towels.
 - Hands should be washed often, especially after using the bathroom.
 - Do not rely on hand sanitizers alone, they are not completely effective against norovirus. Provide handwashing facilities.

Boaters once contaminated a U.S. Gulf Coast waterway by dumping human waste overboard. Oysters harvested from that area caused a norovirus outbreak that sickened 200 people across 6 states. **It only took this one incident to cause the outbreak.**



Extension/Outreach Partnership with the Interstate Shellfish Sanitation Conference

- NoroCORE convened an expert advisory panel in February, 2014
 - Representation on ISSC, FDA, USDA, Sea Grant, and States
- Consensus that the focus of an outreach and educational program should be **PREVENTION of focal contamination events** in close proximity to the shellfish growing waters
- Collaborative partnership to establish a multi-tiered approach for disseminating information about viral- and other microbial-related risks to a wide range of shellfish stakeholder groups, including:
 1. Commercial Fishermen
 2. Recreational Boaters

Extension/Outreach Partnership with the ISSC

1. obtain and provide the necessary computer software to “harvesting states”, enabling them to modify existing **ISSC Harvester and Dealer Training Program** templates and design training materials to **meet the NSSP requirements for shellfish harvester and dealer training**;
2. provide **technical support and assistance** to “harvesting states” as necessary, for them to design and update the ISSC Harvester and Dealer Training Program templates with their state-specific information;
3. update the existing **ISSC educational DVD** that focuses on use of pump stations to reduce illicit overboard waste dumping, by adding virus-related content for outreach to molluscan shellfish stakeholder groups;

Extension/Outreach Partnership with the ISSC

4. co-sponsor a **national conference hosted by the ISSC** to share **information about viral illnesses associated with molluscan shellfish and novel alternate indicators** that may be used for managing shellfish growing and harvest waters; and
5. develop and conduct a **survey to “harvesting states”** to assess how best to disseminate educational information to **recreational boaters** about microbial contamination of molluscan shellfish growing and harvest waters.

Acknowledgements

- Jaykus Lab/Office Students and Staff
 - Senior researchers: Dr. Helen Rawsthorne, Dr. Rebecca Goulter, Dr. Blanca Escudero-Abarca
 - Many grad students: Grace Tung, Matthew Moore, You Li, Jon Baugher, Chip Manuel
 - NoroCORE staff: Malakai Erskine, Dr. Christina Moore
- Academic Members of the USDA-NIFA Food Virology Collaborative
- Industry and Industrial Stakeholders
- Funding Agencies
 - ILSI-NA
 - USDA Food Safety Safety Research Programs
 - Merieux Alliance Foundation

Helpful links

- NoroCORE <http://norocore.ncsu.edu/>
- CDC norovirus <http://www.cdc.gov/norovirus/>
- CaliciNet <http://www.cdc.gov/norovirus/reporting/calicinet/>
- CDC Vital Signs <http://www.cdc.gov/vitalsigns/norovirus/index.html>
- Clean Hands Save Lives <http://www.cdc.gov/handwashing/>
- Vessel Sanitation Program <http://www.cdc.gov/nceh/vsp/>





<http://norocore.ncsu.edu/>